

Indicators	Uttarakhand		Uttarkashi		Tehri Garhwal		Dehradun	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Nutritional status below 5 years								
Below -2 SD Wasting (Weight for Height) (%)								
Male	15.6	16.2	14.6	14.4	13.7	14.2	10.5	11.9
Female	13.6	14.8	13.1	13.2	16.0	16.0	5.3	-
Person	14.7	15.5	13.9	13.8	14.8	15.0	8.0	8.6
Below -3 SD Wasting (Weight for Height) (%)								
Male	6.4	6.7	6.6	6.5	4.7	4.9	1.8	2.4
Female	5.2	6.0	-	-	6.7	6.6	1.3	1.7
Person	5.8	6.4	5.7	5.7	5.6	5.7	1.6	2.1
Below -2 SD Stunting (Height for Age) (%)								
Male	40.8	42.5	42.9	43.5	54.4	55.6	28.9	32.8
Female	39.5	41.4	44.0	43.7	47.1	46.3	28.2	32.2
Person	40.2	41.9	43.4	43.6	50.9	51.2	28.6	32.5
Below -3SD Stunting (Height for Age) (%)								
Male	20.7	22.3	22.2	22.7	27.7	28.1	12.4	13.6
Female	19.2	20.6	24.5	24.6	18.1	17.9	13.2	16.1
Person	20.0	21.5	23.3	23.6	23.1	23.3	12.8	14.8
Below -2 SD Underweight (Weight for Age) (%)								
Male	28.8	30.0	31.5	32.1	35.2	35.9	17.3	17.3
Female	27.1	30.1	33.0	33.5	33.5	33.6	15.7	17.8
Person	28.0	30.1	32.2	32.8	34.4	34.8	16.6	17.6
Below -3 SD Underweight (Weight for Age) (%)								
Male	8.4	8.8	9.6	9.8	7.8	8.1	2.3	3.1
Female	9.1	9.9	10.3	10.5	11.0	10.9	1.3	1.7
Person	8.7	9.3	9.9	10.1	9.3	9.4	1.9	2.4
Below -2 SD Undernourished (BMI for Age) (%)								
Male	14.1	14.8	12.9	12.6	13.2	13.7	7.0	7.9
Female	13.5	15.2	13.0	13.2	16.2	16.3	4.6	4.2
Person	13.8	15.0	12.9	12.9	14.6	14.9	5.8	6.1
Below -3 SD Undernourished (BMI for Age) (%)								
Male	7.4	7.9	7.8	7.7	5.0	5.2	-	-
Female	6.6	7.7	-	-	7.8	7.7	-	1.7
Person	7.0	7.8	6.6	6.6	6.4	6.4	-	2.0
Above 2 SD Overnourished (BMI for Age) (%)								
Male	10.2	11.6	8.6	8.6	2.9	3.0	-	-
Female	9.0	8.7	5.1	4.2	4.8	4.9	9.1	8.5
Person	9.7	10.2	7.0	6.6	3.8	3.9	7.7	8.2
Above 3 SD Overnourished (BMI for Age) (%)								
Male	6.4	7.6	-	-	-	-	-	-
Female	5.3	5.0	-	-	-	-	4.0	5.1
Person	5.9	6.4	2.4	-	0.9	1.0	4.0	5.3
Nutritional status 5-18 years								
Below -2 SD Undernourished (BMI for Age) (%)								
Male	21.8	21.6	27.8	28.2	21.8	22.1	21.9	24.2
Female	17.8	17.7	21.9	22.1	16.8	16.9	17.4	17.9
Person	19.9	19.7	24.8	25.0	19.2	19.4	19.7	21.1
Below -3 SD Undernourished (BMI for Age) (%)								
Male	7.1	6.5	10.6	10.8	4.1	4.2	5.4	6.0
Female	5.0	5.1	5.9	6.0	3.0	3.0	2.9	3.1
Person	6.1	5.8	8.2	8.3	3.5	3.6	4.2	4.6
Above 2 SD Overnourished (BMI for Age) (%)								
Male	3.9	3.9	0.7	-	1.1	0.9	3.3	3.1
Female	2.3	2.4	-	-	-	-	0.6	0.5
Person	3.1	3.2	0.7	-	0.8	0.7	1.9	1.8
Above 3 SD Overnourished (BMI for Age) (%)								
Male	1.3	1.6	-	-	-	-	-	-
Female	0.7	0.8	-	-	-	-	-	-
Person	1.0	1.2	-	-	-	-	-	-

Indicators	Uttarakhand		Uttarkashi		Tehri Garhwal		Dehradun	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Nutritional status 18 years and above								
BMI ≥25.0 for age 18-59 year (%)								
Male	19.4	17.0	16.5	14.8	20.2	19.3	24.6	21.3
Female	23.2	19.2	14.9	13.6	20.2	18.5	30.4	25.9
Person	21.6	18.3	15.5	14.1	20.2	18.7	28.1	24.1
BMI ≥25.0 for age 60 year and above (%)								
Male	17.6	14.3	8.4	8.4	13.1	12.4	19.6	14.6
Female	23.3	17.2	10.2	9.3	21.5	19.6	39.5	25.8
Person	20.6	15.9	9.3	8.9	17.8	16.5	29.6	20.5
BMI ≥30.0 for age 18-59 year (%)								
Male	3.2	2.7	2.1	1.7	3.5	2.9	4.5	4.2
Female	5.7	4.4	3.4	2.9	5.1	4.5	6.8	5.9
Person	4.7	3.8	2.9	2.4	4.6	4.0	5.9	5.2
BMI ≥30.0 for age 60 year and above (%)								
Male	2.6	1.8	-	-	2.2	2.0	3.1	-
Female	5.9	3.5	-	-	5.5	4.9	10.9	-
Person	4.3	2.7	0.9	0.7	4.0	3.6	7.1	2.1
BMI <18.5 for age 18-59 year (%)								
Male	18.1	18.6	18.3	19.1	19.1	19.7	23.9	26.6
Female	19.6	21.0	21.0	21.2	15.2	15.9	21.9	24.7
Person	19.0	20.1	19.9	20.4	16.4	17.1	22.7	25.4
BMI <18.5 for age 60 year and above (%)								
Male	22.3	24.8	26.8	26.6	24.2	24.5	20.5	29.2
Female	24.4	27.9	35.0	35.6	21.1	21.7	17.1	26.5
Person	23.4	26.5	31.1	31.3	22.5	22.9	18.8	27.8
Anaemia status by Haemoglobin Level								
Anaemia in the age group 6-59 months (%)								
Male	93.9	94.5	90.2	90.4	98.1	98.1	93.7	96.3
Female	95.0	95.4	87.7	88.7	98.5	98.4	94.9	97.2
Person	94.4	94.9	89.0	89.6	98.3	98.3	94.3	96.8
Severe Anemia in the age group 6-59 months (%)								
Male	7.3	7.3	16.0	16.0	25.9	26.1	12.7	12.1
Female	5.3	5.8	19.8	19.7	27.4	27.7	13.3	12.8
Person	6.3	6.6	17.8	17.8	26.6	26.9	13.0	12.5
Anaemia in the age group 5-9 years (%)								
Male	94.5	95.5	87.3	87.2	99.1	99.1	94.0	98.2
Female	95.8	96.2	89.7	89.6	99.2	99.2	96.1	100.0
Person	95.1	95.8	88.4	88.3	99.1	99.1	95.0	99.0
Severe Anemia in the age group 5-9 years (%)								
Male	16.4	17.2	9.8	9.7	44.4	44.2	18.3	20.7
Female	19.3	18.8	21.2	21.4	41.7	40.7	17.7	16.3
Person	17.8	18.0	15.1	15.2	43.0	42.4	18.0	18.7
Anaemia in the age group 10-17 years (%)								
Male	89.5	91.6	76.0	76.1	97.5	97.4	89.3	96.7
Female	92.9	94.8	85.7	85.6	98.7	99.1	90.8	95.7
Person	91.1	93.1	80.9	80.9	98.1	98.3	90.1	96.2
Severe Anemia in the age group 10-17 years (%)								
Male	10.5	10.8	5.9	6.1	30.2	29.9	16.5	17.6
Female	14.8	14.0	11.7	11.7	34.8	34.6	19.9	20.1
Person	12.5	12.3	8.8	9.0	32.5	32.2	18.1	18.8
Anaemia in the age group 18-59 years (%)								
Male	86.0	88.2	76.4	75.7	93.3	93.2	83.2	89.8
Female	92.9	94.0	82.5	82.0	98.1	98.1	92.7	96.7
Severe Anemia in the age group 18-59 years (%)								
Male	7.8	8.1	4.4	4.6	12.8	12.1	8.4	7.6
Female	15.1	15.6	10.9	11.1	27.2	26.5	12.5	13.0
Anaemia in the age group 60 years and above (%)								
Male	91.5	92.1	86.2	85.7	94.0	93.7	90.4	94.3
Female	93.3	95.1	89.0	89.2	96.9	97.4	91.7	99.3
Severe Anemia in the age group 60 years and above (%)								
Male	11.0	10.8	12.7	12.8	15.2	14.3	12.5	12.1
Female	15.7	16.4	15.5	15.8	29.6	29.2	15.9	18.0

Indicators	Uttarakhand		Uttarkashi		Tehri Garhwal		Dehradun	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Blood Sugar Level (18 years and above)								
Blood Sugar Level ≥ 110 mg/dl (%)								
Male	11.0	9.9	7.3	5.5	11.0	10.7	11.8	8.3
Female	9.6	8.2	5.3	3.8	8.3	8.2	8.0	4.0
Person	10.2	8.9	6.1	4.5	9.2	9.0	9.5	5.6
Blood Sugar Level ≥ 130 mg/dl (%)								
Male	4.6	4.0	2.7	2.4	3.9	3.5	5.8	4.5
Female	4.2	3.2	1.6	1.4	2.4	2.1	4.1	2.5
Person	4.4	3.5	2.0	1.8	2.9	2.6	4.8	3.2
Blood Sugar Level ≥ 150 mg/dl (%)								
Male	2.7	2.4	1.5	1.3	2.3	1.9	3.4	2.7
Female	2.8	1.9	1.0	0.9	1.5	1.3	2.7	1.7
Person	2.8	2.1	1.2	1.1	1.8	1.5	3.0	2.1
Hypertension (18 years and above)								
Above Normal Range								
Systolic ≥ 140 mm of Hg & Diastolic ≥ 90 mm of Hg (%)								
Male	16.0	14.9	12.7	12.4	15.3	14.6	18.3	16.3
Female	10.8	9.6	5.6	5.4	7.2	6.7	12.5	10.4
Person	12.9	11.7	8.5	8.2	9.8	9.3	14.9	12.7
Systolic ≥ 140 mm of Hg & Diastolic < 90 mm of Hg (%)								
Male	7.6	7.2	6.1	6.0	6.3	6.3	8.0	5.7
Female	5.8	5.4	5.4	5.4	3.9	3.9	7.2	5.6
Person	6.5	6.1	5.7	5.6	4.7	4.7	7.5	5.6
Systolic < 140 mm of Hg & Diastolic ≥ 90 mm of Hg (%)								
Male	9.8	9.5	5.2	5.0	8.8	8.5	8.7	7.8
Female	7.7	7.2	2.6	2.6	4.9	4.7	6.9	6.3
Person	8.6	8.1	3.6	3.6	6.2	5.9	7.6	6.9
Moderately high								
Systolic ≥ 160 mm of Hg & Diastolic ≥ 100 mm of Hg (%)								
Male	4.2	4.1	3.8	3.7	5.2	5.3	5.2	5.1
Female	3.0	2.7	1.8	1.6	2.1	2.0	3.9	3.3
Person	3.5	3.2	2.6	2.5	3.1	3.0	4.4	4.0
Systolic ≥ 160 mm of Hg & Diastolic < 100 mm of Hg (%)								
Male	2.8	2.6	2.8	2.7	2.6	2.5	3.4	2.7
Female	2.6	2.2	1.7	1.6	1.0	1.0	3.1	1.6
Person	2.6	2.4	2.1	2.1	1.5	1.5	3.3	2.0
Systolic < 160 mm of Hg & Diastolic ≥ 100 mm of Hg (%)								
Male	4.0	3.8	2.9	2.8	4.5	4.3	4.7	4.6
Female	2.9	2.8	1.1	1.1	1.8	1.8	3.3	3.7
Person	3.4	3.2	1.9	1.8	2.7	2.6	3.9	4.0
Very high								
Systolic ≥ 180 mm of Hg & Diastolic ≥ 110 mm of Hg (%)								
Male	1.3	1.3	1.3	1.3	1.4	1.4	-	-
Female	0.9	0.8	0.8	0.8	1.1	0.9	1.2	-
Person	1.1	1.0	1.0	1.0	1.2	1.1	1.4	-
Systolic ≥ 180 mm of Hg & Diastolic < 110 mm of Hg (%)								
Male	0.8	0.8	1.3	1.3	0.9	0.8	1.0	0.9
Female	1.1	0.9	0.6	0.6	0.7	0.6	1.4	0.6
Person	1.0	0.9	0.9	0.9	0.7	0.7	1.2	0.7
Systolic < 180 mm of Hg & Diastolic ≥ 110 mm of Hg (%)								
Male	1.8	1.8	1.0	1.0	2.2	2.3	1.6	1.5
Female	1.2	1.2	0.4	0.4	0.9	0.9	1.1	1.4
Person	1.4	1.4	0.7	0.6	1.4	1.3	1.3	1.4
Iodine content in Household Salt (more than 15 ppm) (%)	83.0	82.6	87.4	86.9	88.6	87.9	93.2	91.9

Indicators	Pauri Garhwal		Pithoragarh		Bageshwar		Almora	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Nutritional status below 5 years								
Below -2 SD Wasting (Weight for Height) (%)								
Male	20.5	20.8	37.9	29.6	-	-	23.2	23.9
Female	17.2	20.1	16.9	14.0	19.1	20.4	26.7	27.7
Person	19.0	20.5	28.1	22.1	13.6	14.4	25.0	25.8
Below -3 SD Wasting (Weight for Height) (%)								
Male	10.4	11.4	29.3	-	-	-	-	-
Female	8.5	11.7	10.1	-	-	-	12.9	12.8
Person	9.6	11.5	20.4	-	-	-	10.0	9.7
Below -2 SD Stunting (Height for Age) (%)								
Male	34.3	33.3	23.7	28.3	41.4	44.2	22.6	24.0
Female	30.2	30.1	19.8	17.6	23.9	-	40.0	38.8
Person	32.5	32.1	21.8	23.1	34.1	34.4	31.3	31.3
Below -3SD Stunting (Height for Age) (%)								
Male	16.7	19.5	10.4	13.2	14.7	15.4	9.4	10.0
Female	16.4	16.1	-	-	-	-	21.9	20.4
Person	16.6	18.1	10.1	10.6	9.9	9.4	15.7	15.2
Below -2 SD Underweight (Weight for Age) (%)								
Male	27.1	25.8	22.3	23.2	34.4	36.7	26.6	26.4
Female	25.6	25.2	-	-	30.1	30.7	38.1	37.7
Person	26.4	25.6	15.0	15.7	32.6	34.2	32.3	32.1
Below -3 SD Underweight (Weight for Age) (%)								
Male	9.7	9.0	-	-	-	-	8.0	7.5
Female	7.9	7.2	-	-	9.3	10.4	-	-
Person	8.9	8.3	-	-	13.4	14.4	13.3	13.2
Below -2 SD Undernourished (BMI for Age) (%)								
Male	20.7	22.5	38.7	28.1	6.4	-	22.1	22.6
Female	15.0	18.8	17.3	13.5	18.3	20.6	25.2	25.9
Person	18.3	21.0	28.8	21.1	11.4	11.3	23.7	24.3
Below -3 SD Undernourished (BMI for Age) (%)								
Male	12.8	14.6	33.2	-	-	-	9.7	9.4
Female	9.6	13.2	12.8	11.5	13.0	14.6	13.0	13.0
Person	11.4	14.1	23.8	17.4	8.2	8.2	11.4	11.2
Above 2 SD Overnourished (BMI for Age) (%)								
Male	14.3	17.1	18.3	22.8	30.0	30.6	23.9	-
Female	7.4	9.3	-	-	23.6	20.3	-	-
Person	11.4	14.0	16.5	18.3	27.3	26.4	21.0	-
Above 3 SD Overnourished (BMI for Age) (%)								
Male	8.1	9.6	14.1	17.5	-	-	-	-
Female	4.4	-	-	-	21.7	20.3	-	-
Person	6.5	7.9	12.7	13.8	25.3	25.5	-	-
Nutritional status 5-18 years								
Below -2 SD Undernourished (BMI for Age) (%)								
Male	21.9	19.5	11.5	7.8	14.7	15.0	16.8	14.7
Female	18.5	16.5	12.7	11.2	13.7	14.1	12.8	11.4
Person	20.3	18.0	12.1	9.4	14.2	14.6	15.0	13.2
Below -3 SD Undernourished (BMI for Age) (%)								
Male	6.6	6.6	7.5	-	-	-	9.9	7.9
Female	4.8	4.5	4.9	-	6.9	7.4	7.4	6.4
Person	5.8	5.6	6.3	-	7.5	7.8	8.7	7.2
Above 2 SD Overnourished (BMI for Age) (%)								
Male	4.7	5.7	6.4	8.1	10.2	9.7	-	-
Female	3.6	4.1	4.0	5.4	5.6	5.6	-	-
Person	4.2	5.0	5.3	6.9	8.2	7.9	-	-
Above 3 SD Overnourished (BMI for Age) (%)								
Male	1.6	2.1	-	-	6.4	6.5	-	-
Female	1.3	1.5	0.9	1.2	-	-	-	-
Person	1.5	1.8	2.0	2.7	4.2	4.2	-	-

Indicators	Pauri Garhwal		Pithoragarh		Bageshwar		Almora	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Nutritional status 18 years and above								
BMI ≥25.0 for age 18-59 year (%)								
Male	16.6	18.0	19.4	17.3	26.7	25.9	-	-
Female	22.5	21.3	14.9	15.0	18.4	17.5	-	-
Person	20.4	20.2	16.8	15.9	21.8	20.9	-	-
BMI ≥25.0 for age 60 year and above (%)								
Male	15.0	14.7	27.4	22.7	19.0	19.5	7.9	7.4
Female	20.6	19.1	18.2	17.3	14.4	13.4	9.1	8.2
Person	18.1	17.1	22.8	20.0	16.3	15.8	8.6	7.8
BMI ≥30.0 for age 18-59 year (%)								
Male	2.7	3.0	-	-	1.9	1.7	-	-
Female	5.3	5.2	-	-	2.1	2.0	-	-
Person	4.3	4.4	-	-	2.0	1.9	-	-
BMI ≥30.0 for age 60 year and above (%)								
Male	-	-	2.4	-	-	-	-	-
Female	4.7	4.2	-	-	2.0	-	-	-
Person	3.0	2.8	1.9	1.7	2.1	2.1	-	-
BMI <18.5 for age 18-59 year (%)								
Male	29.3	28.0	2.0	1.9	-	-	8.4	7.7
Female	26.0	25.8	8.8	11.0	17.9	-	21.8	22.4
Person	27.2	26.6	6.0	7.2	13.1	-	16.6	16.8
BMI <18.5 for age 60 year and above (%)								
Male	30.9	32.5	-	-	9.8	10.2	23.1	24.2
Female	32.0	34.7	15.0	-	30.3	31.2	34.0	35.5
Person	31.5	33.7	9.9	-	21.9	22.8	29.5	30.8
Anaemia status by Haemoglobin Level								
Anaemia in the age group 6-59 months (%)								
Male	96.0	95.2	52.9	50.0	86.4	91.4	90.8	90.3
Female	98.4	98.5	68.7	63.6	91.7	98.8	96.3	96.2
Person	97.1	96.5	61.6	58.2	88.5	94.3	93.3	93.0
Severe Anemia in the age group 6-59 months (%)								
Male	-	-	-	-	-	-	-	-
Female	-	-	-	-	-	-	-	-
Person	-	-	-	-	-	-	-	-
Anaemia in the age group 5-9 years (%)								
Male	97.6	97.4	81.9	85.7	92.9	97.0	92.7	92.8
Female	98.0	97.4	83.8	78.8	89.1	91.9	93.2	92.7
Person	97.8	97.4	82.7	82.4	91.2	94.7	92.9	92.8
Severe Anemia in the age group 5-9 years (%)								
Male	30.2	23.9	-	-	-	-	-	-
Female	32.4	27.6	-	-	19.8	21.4	-	-
Person	31.3	25.7	-	-	15.1	16.5	-	-
Anaemia in the age group 10-17 years (%)								
Male	94.5	94.2	80.7	78.9	95.0	98.7	87.9	87.1
Female	95.9	95.7	85.8	85.7	88.2	91.0	92.1	92.9
Person	95.2	94.9	82.8	82.0	92.1	95.4	89.9	89.9
Severe Anemia in the age group 10-17 years (%)								
Male	27.1	23.0	-	-	15.2	15.6	-	-
Female	28.5	24.7	-	-	16.5	17.2	-	-
Person	27.8	23.8	-	-	15.8	16.3	-	-
Anaemia in the age group 18-59 years (%)								
Male	88.7	89.1	75.5	73.7	92.9	95.3	86.8	86.0
Female	96.3	95.6	83.6	83.1	92.1	95.1	93.8	94.0
Severe Anemia in the age group 18-59 years (%)								
Male	19.7	18.2	-	-	16.8	17.4	-	-
Female	24.0	21.9	-	-	18.3	18.9	-	-
Anaemia in the age group 60 years and above (%)								
Male	96.0	96.0	80.8	80.5	88.9	91.0	90.0	89.8
Female	97.0	97.0	87.1	85.8	88.3	90.8	95.3	95.7
Severe Anemia in the age group 60 years and above (%)								
Male	22.7	22.0	-	-	15.3	16.0	-	-
Female	26.1	26.3	-	-	12.7	13.3	-	-

Indicators	Pauri Garhwal		Pithoragarh		Bageshwar		Almora	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Blood Sugar Level (18 years and above)								
Blood Sugar Level ≥ 110 mg/dl (%)								
Male	8.3	9.3	8.8	8.9	9.3	8.7	11.9	-
Female	7.5	8.5	5.7	6.1	5.9	5.1	11.7	11.7
Person	7.8	8.8	7.1	7.3	7.3	6.5	11.8	11.8
Blood Sugar Level ≥ 130 mg/dl (%)								
Male	3.5	4.2	3.4	3.4	3.0	3.1	5.6	5.4
Female	3.3	3.6	1.8	2.0	1.8	-	5.0	-
Person	3.4	3.8	2.5	2.6	2.3	2.2	5.3	5.2
Blood Sugar Level ≥ 150 mg/dl (%)								
Male	2.2	2.7	2.9	3.3	2.0	1.9	2.6	2.5
Female	2.3	2.4	1.6	1.9	-	-	1.8	-
Person	2.3	2.5	2.2	2.5	1.8	1.8	2.1	2.0
Hypertension (18 years and above)								
Above Normal Range								
Systolic ≥ 140 mm of Hg & Diastolic ≥ 90 mm of Hg (%)								
Male	12.5	12.4	22.6	23.0	14.4	14.3	15.7	15.8
Female	9.5	9.1	16.0	15.9	7.2	6.3	8.6	8.7
Person	10.6	10.3	18.9	19.0	10.2	9.5	11.4	11.4
Systolic ≥ 140 mm of Hg & Diastolic < 90 mm of Hg (%)								
Male	7.3	7.7	12.5	13.7	8.8	9.1	6.3	4.8
Female	6.0	5.8	10.2	10.5	-	-	4.8	4.0
Person	6.5	6.5	11.2	11.9	5.1	5.1	5.4	4.3
Systolic < 140 mm of Hg & Diastolic ≥ 90 mm of Hg (%)								
Male	6.1	6.1	11.4	11.0	18.7	19.2	15.4	15.6
Female	4.6	4.1	10.3	10.1	18.9	19.2	12.1	12.1
Person	5.2	4.8	10.8	10.5	18.8	19.2	13.4	13.5
Moderately high								
Systolic ≥ 160 mm of Hg & Diastolic ≥ 100 mm of Hg (%)								
Male	3.7	4.0	4.4	4.4	2.0	-	3.1	3.0
Female	3.1	3.1	2.0	2.1	-	-	1.2	1.3
Person	3.3	3.4	3.0	3.1	1.5	-	1.9	2.0
Systolic ≥ 160 mm of Hg & Diastolic < 100 mm of Hg (%)								
Male	2.7	2.7	5.5	5.7	-	-	2.6	2.6
Female	3.0	2.9	4.4	5.1	0.8	-	1.7	1.6
Person	2.9	2.8	4.9	5.4	1.2	-	2.0	2.0
Systolic < 160 mm of Hg & Diastolic ≥ 100 mm of Hg (%)								
Male	2.7	2.5	4.7	4.7	4.6	4.5	-	-
Female	2.2	2.1	3.4	3.5	3.6	3.4	-	-
Person	2.4	2.3	4.0	4.0	4.0	3.8	-	-
Very high								
Systolic ≥ 180 mm of Hg & Diastolic ≥ 110 mm of Hg (%)								
Male	1.1	1.1	1.0	1.1	0.3	0.3	-	-
Female	0.6	0.5	0.4	0.5	0.2	0.2	-	-
Person	0.8	0.7	0.7	0.8	0.2	0.2	-	-
Systolic ≥ 180 mm of Hg & Diastolic < 110 mm of Hg (%)								
Male	1.3	1.6	0.6	0.7	0.1	0.0	-	-
Female	1.6	1.6	0.4	-	0.1	0.0	0.4	0.4
Person	1.5	1.6	0.5	0.5	0.1	0.0	0.4	0.4
Systolic < 180 mm of Hg & Diastolic ≥ 110 mm of Hg (%)								
Male	1.1	1.2	1.5	1.4	0.4	0.5	-	-
Female	0.7	0.7	-	-	0.2	0.1	-	-
Person	0.9	0.9	1.1	1.1	0.3	0.2	-	-
Iodine content in Household Salt (more than 15 ppm) (%)	91.0	89.4	57.1	62.8	99.6	99.6	97.7	97.6

Indicators	Champawat		Nainital		Udham Singh Nagar		Haridwar	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Nutritional status below 5 years								
Below -2 SD Wasting (Weight for Height) (%)								
Male	27.3	31.4	11.3	-	19.5	20.0	12.1	13.0
Female	21.2	19.1	13.1	19.5	18.3	21.8	8.9	10.1
Person	24.0	24.3	12.2	17.8	18.9	20.8	10.6	11.6
Below -3 SD Wasting (Weight for Height) (%)								
Male	18.1	16.9	-	-	8.1	10.0	4.0	3.4
Female	10.8	-	-	-	6.6	-	-	-
Person	14.2	11.1	-	-	7.4	8.6	2.9	3.0
Below -2 SD Stunting (Height for Age) (%)								
Male	30.4	17.4	39.0	46.0	36.6	33.9	52.0	54.5
Female	41.0	39.5	34.0	34.9	37.1	33.5	52.4	60.7
Person	35.9	29.9	36.4	38.4	36.8	33.7	52.2	57.4
Below -3SD Stunting (Height for Age) (%)								
Male	18.8	7.2	25.2	-	20.0	20.7	26.6	29.3
Female	20.0	20.0	16.6	-	20.3	19.3	25.5	32.3
Person	19.4	14.4	20.9	-	20.2	20.1	26.1	30.7
Below -2 SD Underweight (Weight for Age) (%)								
Male	36.7	30.2	25.7	40.1	28.9	29.9	33.9	36.4
Female	31.7	24.1	20.2	30.9	26.8	30.8	31.6	39.1
Person	34.1	26.8	23.1	34.9	27.9	30.3	32.9	37.7
Below -3 SD Underweight (Weight for Age) (%)								
Male	18.4	-	7.9	13.6	10.6	11.5	10.3	11.2
Female	17.4	-	-	-	9.9	11.2	10.5	13.5
Person	17.9	12.0	10.3	16.5	10.2	11.4	10.4	12.3
Below -2 SD Undernourished (BMI for Age) (%)								
Male	24.4	28.3	8.2	-	19.0	21.1	8.7	8.9
Female	22.5	19.5	14.0	22.8	19.8	22.6	8.5	11.7
Person	23.4	23.5	11.0	15.7	19.4	21.8	8.6	10.2
Below -3 SD Undernourished (BMI for Age) (%)								
Male	17.3	20.6	-	-	9.6	12.4	4.7	4.5
Female	11.0	-	9.3	16.5	8.2	9.4	3.1	4.7
Person	14.0	13.3	4.9	9.1	9.0	11.0	4.0	4.6
Above 2 SD Overnourished (BMI for Age) (%)								
Male	9.0	-	29.0	59.9	12.5	13.9	4.4	5.6
Female	10.6	-	12.7	18.0	15.2	14.6	5.6	5.0
Person	9.8	8.6	21.2	37.1	13.8	14.2	5.0	5.3
Above 3 SD Overnourished (BMI for Age) (%)								
Male	-	-	23.8	56.9	6.7	8.4	2.0	2.5
Female	-	-	9.0	17.7	12.7	11.3	2.8	-
Person	5.1	-	16.7	35.6	9.5	9.8	2.4	2.2
Nutritional status 5-18 years								
Below -2 SD Undernourished (BMI for Age) (%)								
Male	22.8	18.8	10.6	6.0	26.8	25.3	25.3	28.7
Female	22.0	18.5	15.4	10.5	18.1	19.8	20.0	22.0
Person	22.4	18.7	12.7	7.8	22.6	22.6	22.6	25.4
Below -3 SD Undernourished (BMI for Age) (%)								
Male	9.6	8.1	4.5	3.2	10.0	7.8	6.8	7.0
Female	7.5	6.6	6.5	7.1	7.2	8.4	4.8	5.5
Person	8.7	7.5	5.3	4.7	8.6	8.1	5.8	6.3
Above 2 SD Overnourished (BMI for Age) (%)								
Male	4.6	-	9.9	12.6	3.9	4.1	2.0	0.7
Female	-	-	-	-	2.4	3.4	1.5	-
Person	3.8	5.1	8.2	12.5	3.2	3.8	1.8	0.4
Above 3 SD Overnourished (BMI for Age) (%)								
Male	-	-	4.3	7.2	1.3	1.4	0.4	-
Female	-	-	-	-	0.6	0.7	-	-
Person	-	-	3.8	7.4	1.0	1.1	0.3	-

Indicators	Champawat		Nainital		Udham Singh Nagar		Haridwar	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Nutritional status 18 years and above								
BMI ≥25.0 for age 18-59 year (%)								
Male	19.8	21.4	21.6	17.2	22.7	22.4	16.9	8.2
Female	19.6	19.7	31.0	22.7	28.5	25.7	25.7	16.6
Person	19.7	20.4	26.6	20.1	25.8	24.2	21.8	13.0
BMI ≥25.0 for age 60 year and above (%)								
Male	16.0	17.7	24.8	24.7	24.5	23.4	17.6	3.7
Female	21.3	22.8	28.8	22.9	26.5	23.6	27.4	10.9
Person	18.7	20.2	26.7	23.8	25.5	23.5	22.9	7.3
BMI ≥30.0 for age 18-59 year (%)								
Male	1.8	2.5	3.5	2.8	4.5	4.5	3.1	1.4
Female	4.1	4.0	9.2	6.1	8.4	7.9	7.3	3.3
Person	3.1	3.4	6.6	4.5	6.6	6.3	5.5	2.4
BMI ≥30.0 for age 60 year and above (%)								
Male	3.5	4.2	6.0	4.2	-	-	2.5	-
Female	9.8	11.7	9.1	6.0	7.7	6.5	7.4	-
Person	6.7	7.9	7.5	5.1	6.1	4.6	5.1	1.6
BMI <18.5 for age 18-59 year (%)								
Male	8.4	6.5	7.0	5.2	11.1	10.3	27.0	33.8
Female	15.1	14.5	9.5	7.8	14.9	14.4	24.7	32.0
Person	12.1	11.2	8.4	6.5	13.2	12.5	25.7	32.8
BMI <18.5 for age 60 year and above (%)								
Male	20.3	20.4	8.7	5.0	16.0	15.0	37.0	50.7
Female	23.7	23.4	8.6	9.1	17.9	17.6	29.2	36.6
Person	22.1	21.9	8.6	7.0	16.9	16.3	32.8	43.4
Anaemia status by Haemoglobin Level								
Anaemia in the age group 6-59 months (%)								
Male	98.5	97.2	90.5	91.2	94.1	93.1	97.9	98.5
Female	96.0	96.5	98.6	96.2	96.1	94.3	97.0	98.2
Person	97.3	96.9	94.7	94.5	94.9	93.6	97.5	98.4
Severe Anemia in the age group 6-59 months (%)								
Male	-	-	-	-	-	-	24.6	27.6
Female	-	-	-	-	-	-	21.8	25.4
Person	-	-	-	-	-	-	23.3	26.6
Anaemia in the age group 5-9 years (%)								
Male	91.6	88.9	98.5	96.7	94.2	94.3	97.2	98.3
Female	96.2	94.4	96.5	97.7	97.1	96.7	96.3	98.0
Person	93.6	90.9	97.6	97.1	95.6	95.5	96.8	98.2
Severe Anemia in the age group 5-9 years (%)								
Male	12.1	-	5.9	-	16.8	21.7	29.1	29.4
Female	19.6	-	21.9	-	19.0	19.7	28.3	30.8
Person	15.5	-	13.1	-	17.9	20.7	28.7	30.0
Anaemia in the age group 10-17 years (%)								
Male	91.2	88.7	90.2	88.8	85.6	86.2	91.9	96.8
Female	97.6	97.3	92.8	90.2	94.1	94.9	94.1	98.5
Person	94.0	92.5	91.3	89.3	89.6	90.4	93.0	97.6
Severe Anemia in the age group 10-17 years (%)								
Male	7.1	-	9.5	7.6	11.8	14.9	20.7	26.9
Female	13.4	5.5	14.9	9.1	16.6	15.9	25.4	28.0
Person	9.9	4.6	11.7	8.1	14.0	15.4	23.0	27.4
Anaemia in the age group 18-59 years (%)								
Male	89.4	85.9	92.3	92.9	82.8	88.1	89.7	94.7
Female	94.2	92.9	94.9	94.3	90.4	91.6	93.1	96.6
Severe Anemia in the age group 18-59 years (%)								
Male	4.3	-	4.7	4.2	6.5	-	14.7	19.9
Female	13.0	7.9	11.0	9.5	15.9	16.8	22.5	28.9
Anaemia in the age group 60 years and above (%)								
Male	91.0	91.4	94.2	94.8	90.4	91.5	94.7	96.2
Female	92.2	92.0	90.7	91.4	89.7	92.8	94.3	97.3
Severe Anemia in the age group 60 years and above (%)								
Male	-	-	8.1	7.2	9.9	11.7	15.8	19.0
Female	13.0	11.5	8.1	-	14.6	16.5	20.6	26.5

Indicators	Champawat		Nainital		Udham Singh Nagar		Haridwar	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Blood Sugar Level (18 years and above)								
Blood Sugar Level ≥ 110 mg/dl (%)								
Male	13.1	17.0	9.7	8.7	20.6	18.0	6.8	4.9
Female	13.7	16.6	11.4	8.9	20.1	16.8	7.9	5.7
Person	13.4	16.7	10.6	8.8	20.3	17.4	7.4	5.3
Blood Sugar Level ≥ 130 mg/dl (%)								
Male	4.9	6.4	3.5	2.6	7.7	6.0	3.8	2.2
Female	3.8	4.0	5.8	5.0	9.2	5.8	4.2	2.8
Person	4.3	5.0	4.7	3.8	8.5	5.9	4.1	2.5
Blood Sugar Level ≥ 150 mg/dl (%)								
Male	2.7	3.2	1.9	1.3	4.4	3.5	2.4	1.3
Female	1.2	0.6	3.9	3.1	6.2	3.2	3.1	1.7
Person	1.9	1.7	3.0	2.2	5.4	3.4	2.8	1.5
Hypertension (18 years and above)								
Above Normal Range								
Systolic ≥ 140 mm of Hg & Diastolic ≥ 90 mm of Hg (%)								
Male	10.0	10.7	17.2	11.6	17.9	19.6	14.4	10.9
Female	5.2	4.0	14.1	8.8	14.0	15.4	11.3	9.8
Person	7.3	6.8	15.6	10.1	15.8	17.4	12.7	10.3
Systolic ≥ 140 mm of Hg & Diastolic < 90 mm of Hg (%)								
Male	11.6	-	9.9	8.2	7.6	8.3	5.4	4.7
Female	11.5	-	6.3	5.4	5.1	5.6	5.1	4.3
Person	11.6	-	8.0	6.8	6.3	6.8	5.2	4.4
Systolic < 140 mm of Hg & Diastolic ≥ 90 mm of Hg (%)								
Male	14.0	18.2	11.6	11.9	12.2	13.3	8.2	5.4
Female	9.7	-	9.7	9.2	10.6	11.1	7.9	6.1
Person	11.6	13.9	10.6	10.5	11.3	12.2	8.1	5.8
Moderately high								
Systolic ≥ 160 mm of Hg & Diastolic ≥ 100 mm of Hg (%)								
Male	1.2	1.4	4.9	3.0	4.7	5.3	3.5	2.9
Female	1.1	0.9	3.8	1.7	3.9	4.6	4.1	3.6
Person	1.1	1.1	4.3	2.3	4.3	4.9	3.8	3.3
Systolic ≥ 160 mm of Hg & Diastolic < 100 mm of Hg (%)								
Male	4.6	6.4	3.1	1.5	1.8	1.9	2.1	1.6
Female	3.9	4.4	2.5	-	2.7	3.1	2.7	2.0
Person	4.3	5.2	2.8	1.8	2.3	2.5	2.4	1.9
Systolic < 160 mm of Hg & Diastolic ≥ 100 mm of Hg (%)								
Male	2.1	2.0	3.1	3.1	5.5	5.8	3.2	1.7
Female	0.8	-	2.9	-	4.0	3.9	2.6	2.0
Person	1.4	1.2	3.0	2.4	4.7	4.8	2.9	1.9
Very high								
Systolic ≥ 180 mm of Hg & Diastolic ≥ 110 mm of Hg (%)								
Male	-	-	1.5	-	-	-	1.4	1.2
Female	0.3	0.1	1.4	0.3	1.4	-	1.1	0.7
Person	0.3	0.1	1.4	0.4	1.5	-	1.2	0.9
Systolic ≥ 180 mm of Hg & Diastolic < 110 mm of Hg (%)								
Male	0.1	0.1	-	-	0.5	0.7	0.7	0.5
Female	-	-	1.4	-	1.3	1.5	1.2	1.2
Person	0.5	0.5	1.1	-	0.9	1.1	1.0	0.9
Systolic < 180 mm of Hg & Diastolic ≥ 110 mm of Hg (%)								
Male	-	-	2.0	1.9	2.3	2.4	1.2	0.9
Female	-	0.2	1.1	-	1.6	1.8	1.0	1.0
Person	-	0.2	1.6	1.3	1.9	2.1	1.1	1.0
Iodine content in Household Salt (more than 15 ppm) (%)	87.1	86.9	98.4	98.3	82.5	87.6	74.9	59.6

Note: "-" Indicate Inadequate Sample Size.

Anemia Cut-off.

Children (6-59 months) - Anemia Hb < 11 g/dL and Severe Anemia Hb < 5 g/dL

Male and Female aged 5-17 years- Anemia Hb < 12 g/dL and Severe Anemia Hb < 7 g/dL

Men (18 years and above)- Anemia Hb < 13 g/dL and Severe Anemia Hb < 7 g/dL

Non-Pregnant Women (18 years and above)- Anemia Hb < 12 g/dL and Severe Anemia Hb < 7 g/dL