

Indicators	Madhya Pradesh		Sheopur		Morena		Bhind		Gwalior	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Nutritional status below 5 years										
Below -2 SD Wasting (Weight for Height) (%)										
Male	17.6	19.2	21.6	23.0	16.2	14.8	9.0	8.2	19.6	24.0
Female	16.9	17.5	14.5	15.6	15.9	16.6	11.2	12.2	23.1	25.5
Person	17.3	18.4	18.3	19.6	16.0	15.6	10.0	9.8	21.2	24.8
Below -3 SD Wasting (Weight for Height) (%)										
Male	7.7	8.3	2.9	3.2	7.2	5.8	5.2	4.3	11.6	15.6
Female	9.0	9.2	-	-	7.2	7.7	7.7	8.5	17.2	18.6
Person	8.3	8.7	2.2	2.3	7.2	6.6	6.3	6.0	14.2	17.1
Below -2 SD Stunting (Height for Age) (%)										
Male	58.1	56.5	63.5	64.1	68.3	72.3	75.0	77.2	58.7	49.3
Female	43.8	42.0	50.8	50.2	37.6	29.2	50.9	36.9	31.1	20.7
Person	51.5	49.6	57.5	57.7	55.0	53.6	64.2	60.7	46.6	34.8
Below -3SD Stunting (Height for Age) (%)										
Male	33.3	32.3	34.8	36.5	42.0	39.9	46.2	39.7	27.7	24.3
Female	31.3	29.1	31.9	31.8	34.1	26.0	43.0	-	23.4	13.2
Person	32.4	30.8	33.5	34.3	38.6	33.9	44.7	35.7	25.8	18.7
Below -2 SD Underweight (Weight for Age) (%)										
Male	49.2	47.8	53.5	53.9	43.2	37.8	68.2	74.3	56.6	48.0
Female	30.5	30.4	42.0	41.8	-	-	29.2	12.3	12.3	14.9
Person	40.6	39.6	48.2	48.4	32.3	25.2	50.7	48.8	37.1	31.1
Below -3 SD Underweight (Weight for Age) (%)										
Male	20.7	20.9	27.3	29.6	-	-	-	-	18.2	-
Female	11.6	12.6	-	-	-	-	-	-	5.8	5.6
Person	16.5	17.0	17.4	18.8	-	-	-	-	12.7	13.0
Below -2 SD Undernourished (BMI for Age) (%)										
Male	20.1	21.6	19.1	20.4	21.6	17.8	12.7	12.1	27.1	31.2
Female	19.3	20.0	5.8	5.3	19.5	18.9	13.5	15.4	27.2	28.8
Person	19.7	20.8	12.8	13.5	20.7	18.3	13.1	13.5	27.1	30.0
Below -3 SD Undernourished (BMI for Age) (%)										
Male	12.3	13.1	2.7	3.1	14.8	11.2	9.5	9.5	20.2	23.8
Female	12.6	13.2	2.2	2.2	14.2	13.4	10.7	12.2	21.0	24.1
Person	12.4	13.1	2.5	2.7	14.5	12.2	10.0	10.6	20.5	23.9
Above 2 SD Overnourished (BMI for Age) (%)										
Male	11.7	12.2	-	-	13.4	16.2	10.8	7.6	6.7	5.7
Female	11.2	11.2	8.0	-	-	-	7.9	6.2	6.0	4.2
Person	11.5	11.8	8.5	-	12.5	13.5	9.5	7.0	6.4	5.0
Above 3 SD Overnourished (BMI for Age) (%)										
Male	6.1	6.7	-	-	-	-	2.5	-	3.7	-
Female	5.2	5.5	-	-	0.0	0.0	2.0	-	-	-
Person	5.7	6.2	-	-	0.9	1.2	2.3	-	3.5	-
Nutritional status 5-18 years										
Below -2 SD Undernourished (BMI for Age) (%)										
Male	33.6	35.2	26.1	26.7	21.6	21.4	27.8	34.9	34.3	31.8
Female	28.4	30.1	20.3	22.6	16.5	15.0	22.0	21.6	27.8	28.5
Person	31.1	32.8	23.4	24.9	19.5	18.7	25.2	28.8	31.6	30.5
Below -3 SD Undernourished (BMI for Age) (%)										
Male	18.7	19.6	8.3	8.4	10.5	10.5	12.1	17.6	22.1	21.2
Female	13.8	14.6	7.2	8.8	7.4	5.5	9.2	9.8	13.5	11.5
Person	16.4	17.3	7.8	8.6	9.2	8.3	10.8	14.0	18.4	17.3
Above 2 SD Overnourished (BMI for Age) (%)										
Male	1.9	1.7	-	-	-	-	0.9	1.6	-	-
Female	1.5	1.4	-	-	-	-	1.1	-	-	-
Person	1.7	1.6	-	-	-	-	1.0	1.4	-	-
Above 3 SD Overnourished (BMI for Age) (%)										
Male	0.8	0.7	-	-	-	-	-	-	-	-
Female	0.5	0.5	-	-	-	-	-	-	-	-
Person	0.7	0.6	-	-	-	-	-	-	-	-

Indicators	Madhya Pradesh		Sheopur		Morena		Bhind		Gwalior	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Nutritional status 18 years and above										
BMI ≥25.0 for age 18-59 year (%)										
Male	5.9	4.2	2.6	2.7	2.8	2.2	2.5	2.3	4.3	4.2
Female	7.5	4.8	3.6	2.9	2.7	3.1	3.1	4.2	8.3	6.3
Person	6.7	4.4	3.1	2.8	2.8	2.5	2.7	2.8	6.2	5.2
BMI ≥25.0 for age 60 year and above (%)										
Male	8.8	5.5	6.2	5.3	4.9	3.7	2.9	1.8	11.8	4.7
Female	10.4	6.7	5.6	-	4.1	2.7	5.4	7.3	8.2	-
Person	9.6	6.1	5.9	4.1	4.5	3.2	4.0	4.2	10.1	4.3
BMI ≥30.0 for age 18-59 year (%)										
Male	0.9	0.6	0.3	-	-	-	-	-	-	-
Female	1.3	0.8	0.6	-	-	-	-	-	0.8	-
Person	1.1	0.7	0.4	-	-	-	-	-	0.6	0.5
BMI ≥30.0 for age 60 year and above (%)										
Male	1.5	0.8	-	-	-	-	-	-	-	-
Female	1.9	1.0	-	-	-	-	-	-	-	-
Person	1.7	0.9	-	-	-	-	-	-	-	-
BMI <18.5 for age 18-59 year (%)										
Male	24.4	23.8	29.6	27.7	21.1	21.4	24.7	38.0	39.0	41.2
Female	21.2	24.2	25.7	26.4	11.3	11.3	12.6	19.6	17.0	19.3
Person	22.9	24.0	27.8	27.3	16.5	17.4	19.3	29.9	28.4	31.4
BMI <18.5 for age 60 year and above (%)										
Male	25.0	27.4	24.3	23.0	10.5	12.0	17.8	25.6	25.2	26.1
Female	26.6	31.3	23.9	27.5	8.8	6.1	17.3	27.0	19.9	19.5
Person	25.8	29.3	24.1	25.0	9.8	9.4	17.6	26.2	22.7	23.0
Anemia status by Haemoglobin Level										
Anemia in the age group 6-59 months (%)										
Male	76.7	77.2	60.9	56.9	81.1	91.0	68.2	75.3	72.1	78.0
Female	75.8	76.0	67.6	63.5	60.9	60.4	58.1	66.6	73.4	67.8
Person	76.3	76.6	64.1	60.0	70.3	73.7	63.5	71.7	72.7	73.3
Severe Anemia in the age group 6-59 months (%)										
Male	1.0	0.8	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Female	0.9	1.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Person	0.9	0.9	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Anemia in the age group 5-9 years (%)										
Male	84.3	84.3	64.5	61.9	74.8	76.0	70.2	87.4	78.0	74.8
Female	85.6	86.3	70.1	67.1	74.9	74.0	75.5	89.0	79.0	72.9
Person	84.9	85.3	67.2	64.5	74.8	75.2	72.5	88.1	78.4	74.0
Severe Anemia in the age group 5-9 years (%)										
Male	17.5	17.8	5.6	5.6	16.1	13.1	24.0	16.6	2.9	-
Female	17.8	18.7	6.1	6.9	14.3	15.6	22.2	26.7	6.1	-
Person	17.6	18.2	5.8	6.3	15.3	14.2	23.2	21.1	4.4	-
Anemia in the age group 10-17 years (%)										
Male	80.2	80.6	60.0	55.3	74.3	77.3	72.2	79.7	72.9	78.1
Female	84.8	84.4	63.0	56.6	76.8	76.4	73.6	82.6	85.9	87.2
Person	82.4	82.4	61.3	55.9	75.3	76.9	72.8	81.1	78.4	81.8
Severe Anemia in the age group 10-17 years (%)										
Male	14.1	14.0	4.8	4.8	15.3	11.8	17.6	14.3	5.6	-
Female	15.5	15.3	3.1	3.2	15.0	16.6	15.7	9.2	7.6	-
Person	14.8	14.6	4.0	4.1	15.1	13.8	16.7	11.9	6.4	-
Anemia in the age group 18-59 years (%)										
Male	84.6	84.6	56.2	51.7	85.6	84.2	84.8	90.5	83.3	84.1
Female	83.7	83.4	61.9	56.0	79.9	79.5	73.0	83.8	82.1	84.5
Severe Anemia in the age group 18-59 years (%)										
Male	14.7	15.1	2.7	2.8	17.0	14.9	17.4	11.8	3.9	-
Female	16.2	17.0	4.5	4.6	16.8	14.8	17.5	14.9	6.4	4.9
Anemia in the age group 60 years and above (%)										
Male	87.7	86.9	66.3	62.3	80.6	81.8	83.1	90.0	88.7	86.2
Female	84.7	84.2	59.2	50.5	85.3	82.8	76.4	83.4	86.8	92.3
Severe Anemia in the age group 60 years and above (%)										
Male	14.7	15.2	3.4	3.6	14.3	12.8	14.6	10.6	-	-
Female	16.7	16.9	3.7	3.3	21.9	18.7	16.1	7.5	7.3	12.6

Indicators	Madhya Pradesh		Sheopur		Morena		Bhind		Gwalior	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Blood Sugar Level (18 years and above)										
Blood Sugar Level ≥110 mg/dl (%)										
Male	9.8	8.9	13.8	13.3	9.6	12.6	13.2	11.0	14.4	6.9
Female	7.7	6.9	8.4	8.1	11.4	13.6	8.0	7.0	8.0	3.2
Person	8.8	8.0	11.2	10.9	10.4	13.1	10.7	9.0	11.1	5.1
Blood Sugar Level ≥130 mg/dl (%)										
Male	2.9	2.3	3.8	3.4	3.7	4.8	3.8	-	1.6	0.9
Female	2.7	2.1	3.6	3.5	2.2	2.9	2.9	-	2.2	0.6
Person	2.8	2.3	3.7	3.4	3.0	3.9	3.4	-	1.9	0.8
Blood Sugar Level ≥150 mg/dl (%)										
Male	1.4	1.1	2.2	-	1.2	1.5	0.5	-	1.0	0.7
Female	1.4	1.0	1.9	-	-	-	0.6	-	1.5	0.6
Person	1.4	1.1	2.0	-	0.9	1.1	0.6	-	1.2	0.6
Hypertension (18 years and above)										
Above Normal Range										
Systolic ≥140mm of Hg & Diastolic ≥90mm of Hg (%)										
Male	10.0	8.7	5.6	5.9	10.5	13.1	8.7	6.0	12.4	7.8
Female	11.3	10.2	24.0	25.9	15.4	16.0	21.5	24.0	15.6	12.5
Person	10.6	9.4	14.3	15.2	12.9	14.5	14.6	14.3	13.9	9.9
Systolic <140mm of Hg & Diastolic <90mm of Hg (%)										
Male	5.9	5.2	1.3	-	-	-	5.4	5.4	10.1	7.2
Female	4.3	4.1	2.2	-	-	-	4.1	5.9	5.3	3.8
Person	5.1	4.7	1.7	-	-	-	4.8	5.6	7.8	5.7
Systolic <140mm of Hg & Diastolic ≥90mm of Hg (%)										
Male	7.3	8.2	2.4	2.7	4.3	4.5	7.0	10.3	7.2	5.9
Female	5.0	5.7	0.9	1.0	4.6	4.1	4.7	6.0	3.0	2.5
Person	6.2	7.0	1.7	1.9	4.5	4.3	5.9	8.3	5.2	4.4
Moderately high										
Systolic ≥160mm of Hg & Diastolic ≥100mm of Hg (%)										
Male	1.9	1.5	0.6	-	-	-	5.3	4.9	1.0	-
Female	3.0	2.7	0.6	0.4	6.4	6.6	3.6	3.0	1.6	-
Person	2.4	2.1	0.6	0.5	3.2	3.4	4.5	4.0	1.2	-
Systolic ≥160mm of Hg & Diastolic <100mm of Hg (%)										
Male	2.7	2.0	-	-	-	-	3.7	3.6	-	-
Female	1.8	1.7	-	-	-	-	3.2	4.5	3.3	2.3
Person	2.2	1.8	-	-	-	-	3.4	4.0	5.5	3.5
Systolic <160mm of Hg & Diastolic ≥100mm of Hg										
Male	2.7	2.8	1.0	1.1	0.7	-	0.2	-	2.0	-
Female	2.1	2.3	0.5	0.4	-	-	-	-	0.8	-
Person	2.4	2.5	0.8	0.7	0.5	-	0.3	-	1.4	-
Very high										
Systolic ≥180mm of Hg & Diastolic ≥110mm of Hg (%)										
Male	0.6	0.5	-	-	-	-	2.4	1.7	-	-
Female	1.5	1.4	-	-	3.9	3.6	2.3	0.9	0.7	-
Person	1.0	0.9	-	-	2.0	1.8	2.3	1.3	0.5	-
Systolic ≥180mm of Hg & Diastolic <110mm of Hg (%)										
Male	0.2	0.2	-	-	0.0	-	-	-	-	-
Female	0.3	0.3	-	-	-	-	-	-	0.4	-
Person	0.3	0.3	0.1	0.1	0.0	-	-	-	0.2	-
Systolic <180mm of Hg & Diastolic ≥110mm of Hg (%)										
Male	1.2	1.3	0.8	0.8	0.4	0.4	-	-	-	-
Female	1.1	1.2	0.4	-	0.1	0.1	-	-	-	-
Person	1.2	1.3	0.6	0.5	0.3	0.2	0.1	-	0.3	-
Iodine content in Household Salt (more than 15 ppm) (%)	72.6	66.2	68.4	67.3	71.3	70.6	84.9	72.1	95.4	89.7

Indicators	Datia		Shivpuri		Guna		Tikamgarh		Chhatarpur	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Nutritional status below 5 years										
Below -2 SD Wasting (Weight for Height) (%)										
Male	36.1	39.4	10.0	10.2	13.5	11.5	17.4	23.2	26.8	26.1
Female	29.4	24.6	12.7	13.2	-	-	15.9	16.7	24.2	21.9
Person	33.1	32.8	11.3	11.6	12.7	10.7	16.6	19.4	25.5	24.0
Below -3 SD Wasting (Weight for Height) (%)										
Male	5.6	3.6	3.8	3.7	6.2	4.9	-	-	9.7	8.9
Female	3.6	-	8.0	8.3	-	-	8.0	9.1	7.1	7.7
Person	4.7	2.8	5.8	5.9	6.1	4.5	5.7	6.4	8.4	8.3
Below -2 SD Stunting (Height for Age) (%)										
Male	72.0	72.3	66.6	67.4	51.9	53.3	70.1	70.8	59.2	61.4
Female	42.3	44.9	51.1	49.5	34.0	23.2	66.0	67.3	52.8	54.3
Person	58.7	60.2	59.3	58.8	43.6	39.6	67.8	68.6	56.0	57.9
Below -3SD Stunting (Height for Age) (%)										
Male	47.8	42.7	36.2	36.7	27.0	26.4	64.5	62.8	41.3	43.0
Female	36.8	38.4	39.5	37.1	26.9	14.3	50.9	51.7	39.2	41.4
Person	42.9	40.8	37.7	36.9	26.9	20.9	56.8	55.9	40.3	42.2
Below -2 SD Underweight (Weight for Age) (%)										
Male	69.5	68.0	49.3	49.9	41.5	39.0	57.9	58.5	53.7	53.2
Female	60.5	58.4	-	-	25.0	15.4	59.4	60.5	39.7	39.4
Person	65.5	63.8	38.0	36.9	33.9	28.3	58.7	59.7	46.8	46.4
Below -3 SD Underweight (Weight for Age) (%)										
Male	62.9	60.9	-	-	17.5	15.0	29.4	32.7	26.5	27.6
Female	-	-	-	-	3.3	3.2	35.4	36.0	17.4	17.5
Person	36.1	36.2	-	-	11.0	9.7	32.6	34.7	22.0	22.6
Below -2 SD Undernourished (BMI for Age) (%)										
Male	36.2	38.6	17.6	18.4	21.2	19.1	18.9	23.2	27.3	26.0
Female	9.5	6.5	13.6	14.2	13.8	-	20.9	22.4	22.7	20.9
Person	24.3	24.6	15.7	16.4	17.8	16.0	20.0	22.7	25.1	23.5
Below -3 SD Undernourished (BMI for Age) (%)										
Male	9.0	6.7	10.3	10.6	12.7	9.8	8.8	-	14.6	13.4
Female	6.1	-	9.2	9.6	8.4	-	15.7	17.8	9.5	10.4
Person	7.7	5.9	9.8	10.1	10.7	8.4	12.5	14.1	12.1	11.9
Above 2 SD Overnourished (BMI for Age) (%)										
Male	4.1	4.0	5.9	4.5	10.5	11.0	21.4	19.4	22.9	23.5
Female	3.8	4.3	5.0	-	7.9	9.2	16.0	16.8	22.1	21.6
Person	3.9	4.1	5.5	4.1	9.3	10.2	18.6	17.8	22.5	22.5
Above 3 SD Overnourished (BMI for Age) (%)										
Male	-	-	-	-	3.6	-	12.1	13.6	13.3	13.2
Female	2.2	3.0	-	-	-	-	2.8	3.2	10.1	10.4
Person	2.1	2.2	1.6	-	2.9	3.3	7.2	7.4	11.7	11.8
Nutritional status 5-18 years										
Below -2 SD Undernourished (BMI for Age) (%)										
Male	17.5	17.4	40.4	42.4	27.1	27.7	40.4	41.5	30.4	29.6
Female	17.9	18.0	38.4	40.6	31.0	33.4	33.1	33.6	25.9	26.5
Person	17.7	17.7	39.5	41.6	28.9	30.4	36.8	37.6	28.2	28.1
Below -3 SD Undernourished (BMI for Age) (%)										
Male	8.8	8.7	24.4	25.4	10.5	9.9	24.1	24.6	14.5	14.1
Female	9.7	9.4	19.3	20.6	6.5	6.0	18.6	19.1	8.6	8.3
Person	9.1	9.0	22.0	23.1	8.7	8.1	21.4	21.9	11.7	11.3
Above 2 SD Overnourished (BMI for Age) (%)										
Male	1.4	1.9	-	-	1.3	-	1.9	1.7	1.3	1.1
Female	-	-	-	-	-	-	1.5	1.2	-	-
Person	1.7	2.3	-	-	1.1	0.6	1.6	1.4	1.1	0.9
Above 3 SD Overnourished (BMI for Age) (%)										
Male	-	-	-	-	-	-	1.4	1.3	0.5	-
Female	-	-	-	-	-	-	0.5	-	-	-
Person	-	-	-	-	0.5	0.5	0.9	0.8	0.5	0.5

Indicators	Datia		Shivpuri		Guna		Tikamgarh		Chhatarpur	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Nutritional status 18 years and above										
BMI ≥25.0 for age 18-59 year (%)										
Male	4.3	5.4	2.0	2.1	2.2	1.2	5.0	2.6	2.7	2.6
Female	4.6	6.5	3.5	2.2	4.1	4.5	5.4	2.3	2.0	1.7
Person	4.4	5.7	2.7	2.1	3.1	2.5	5.2	2.5	2.4	2.2
BMI ≥25.0 for age 60 year and above (%)										
Male	5.6	-	5.7	-	-	-	-	-	2.8	3.3
Female	-	-	5.2	3.0	6.1	-	4.2	-	2.5	-
Person	6.7	-	5.5	4.5	6.5	-	3.7	1.8	2.7	2.5
BMI ≥30.0 for age 18-59 year (%)										
Male	-	-	-	-	-	-	1.1	0.7	0.7	0.6
Female	-	-	-	-	-	-	1.1	-	0.5	0.4
Person	-	-	-	-	-	-	1.1	0.6	0.6	0.5
BMI ≥30.0 for age 60 year and above (%)										
Male	-	-	-	-	-	-	-	-	-	-
Female	-	-	-	-	-	-	-	-	-	-
Person	-	-	-	-	-	-	0.6	0.8	-	-
BMI <18.5 for age 18-59 year (%)										
Male	19.9	18.5	51.5	50.6	20.7	22.3	17.8	19.8	13.7	14.2
Female	13.1	12.1	29.0	29.5	14.0	15.5	35.8	40.3	18.8	19.6
Person	16.7	15.9	41.6	41.5	17.7	19.1	26.5	29.2	16.0	16.6
BMI <18.5 for age 60 year and above (%)										
Male	12.0	8.5	38.8	38.1	16.4	17.2	35.6	37.1	38.7	39.9
Female	13.4	9.9	41.0	46.4	9.9	11.3	52.1	55.4	34.7	37.8
Person	12.7	9.2	39.9	41.9	13.5	14.6	43.5	46.0	36.7	38.8
Anemia status by Haemoglobin Level										
Anemia in the age group 6-59 months (%)										
Male	68.2	64.9	76.5	79.7	58.9	59.9	85.4	84.7	75.9	80.1
Female	62.3	60.0	72.5	71.9	56.4	56.1	84.5	84.1	71.6	71.2
Person	65.1	62.2	74.5	75.5	57.9	58.3	84.9	84.3	73.9	75.8
Severe Anemia in the age group 6-59 months (%)										
Male	0.0	0.0	0.0	0.0	0.0	0.0	-	-	-	-
Female	0.0	0.0	0.0	0.0	0.0	0.0	-	-	-	-
Person	0.0	0.0	0.0	0.0	0.0	0.0	-	-	-	-
Anemia in the age group 5-9 years (%)										
Male	80.0	80.8	92.7	92.9	77.1	78.9	93.0	94.5	87.2	86.2
Female	74.1	77.3	89.0	87.9	80.1	80.9	96.3	97.2	84.7	87.4
Person	77.5	79.3	91.0	90.4	78.5	79.8	94.6	95.8	86.0	86.8
Severe Anemia in the age group 5-9 years (%)										
Male	11.2	11.5	14.2	14.6	22.6	22.7	25.5	28.8	25.3	28.2
Female	18.9	20.7	19.4	19.1	16.1	17.8	26.0	27.0	18.5	18.9
Person	14.5	15.5	16.6	16.8	19.6	20.4	25.7	27.9	22.0	23.8
Anemia in the age group 10-17 years (%)										
Male	69.4	71.9	85.6	84.5	82.4	81.4	90.5	88.7	82.0	81.3
Female	68.9	69.4	89.0	88.7	84.2	85.0	94.2	94.2	83.2	83.2
Person	69.2	70.9	87.3	86.6	83.3	83.2	92.3	91.4	82.6	82.1
Severe Anemia in the age group 10-17 years (%)										
Male	14.2	15.6	15.6	17.3	7.2	6.9	17.6	17.8	16.7	17.4
Female	8.1	9.3	16.7	18.2	12.2	12.4	17.2	17.9	19.9	20.2
Person	11.7	13.0	16.2	17.7	9.6	9.5	17.4	17.9	18.2	18.7
Anemia in the age group 18-59 years (%)										
Male	80.0	80.9	89.5	88.8	89.2	89.1	89.4	89.8	90.8	90.7
Female	74.4	74.8	86.7	86.0	80.9	81.7	94.8	94.8	84.7	83.9
Severe Anemia in the age group 18-59 years (%)										
Male	12.8	14.5	8.9	9.4	13.5	13.2	14.1	14.8	16.8	17.5
Female	13.1	15.2	14.2	15.7	10.6	9.9	20.3	23.9	19.5	19.7
Anemia in the age group 60 years and above (%)										
Male	81.0	79.4	94.1	93.7	87.8	89.2	92.9	91.8	91.9	91.4
Female	73.1	71.2	84.9	82.1	72.5	75.9	93.2	94.2	87.6	87.5
Severe Anemia in the age group 60 years and above (%)										
Male	19.8	26.0	13.6	15.5	-	-	16.4	17.5	19.5	21.3
Female	11.0	-	11.4	14.8	10.8	12.1	21.8	24.4	16.0	17.9

Indicators	Datia		Shivpuri		Guna		Tikamgarh		Chhatarpur	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Blood Sugar Level (18 years and above)										
Blood Sugar Level ≥110 mg/dl (%)										
Male	6.3	4.4	15.0	15.4	18.1	19.0	7.8	8.5	9.6	-
Female	16.7	12.5	8.6	7.4	7.7	8.0	5.3	6.4	9.0	-
Person	11.3	8.2	11.9	11.6	13.2	13.7	6.5	7.5	9.4	-
Blood Sugar Level ≥130 mg/dl (%)										
Male	1.1	1.0	4.0	3.9	6.1	6.0	1.5	1.2	-	-
Female	0.6	-	3.4	2.7	5.4	5.5	0.8	0.9	-	-
Person	0.8	0.7	3.7	3.3	5.8	5.8	1.1	1.1	-	-
Blood Sugar Level ≥150 mg/dl (%)										
Male	-	-	1.6	1.4	3.1	3.3	0.4	0.4	-	-
Female	-	-	1.5	1.0	2.4	2.5	0.4	0.5	-	-
Person	-	-	1.5	1.2	2.8	2.9	0.4	0.5	-	-
Hypertension (18 years and above)										
Above Normal Range										
Systolic ≥140mm of Hg & Diastolic ≥90mm of Hg (%)										
Male	12.9	10.1	11.3	10.1	17.1	16.2	2.7	2.2	1.4	-
Female	14.1	10.1	18.9	19.4	14.1	13.9	3.2	2.2	1.4	1.1
Person	13.5	10.1	14.7	14.3	15.7	15.1	3.0	2.2	1.4	1.3
Systolic <140mm of Hg & Diastolic <90mm of Hg (%)										
Male	2.0	1.6	7.0	6.3	1.8	1.7	2.8	2.1	6.9	6.7
Female	2.5	2.0	4.9	4.5	1.2	1.3	2.8	2.3	2.9	2.5
Person	2.2	1.8	6.0	5.5	1.5	1.5	2.8	2.2	5.0	4.7
Systolic <140mm of Hg & Diastolic ≥90mm of Hg (%)										
Male	6.5	6.3	7.0	7.2	9.5	8.6	13.2	14.1	8.5	9.0
Female	3.9	2.6	3.7	3.9	2.8	2.0	11.9	13.8	7.5	8.2
Person	5.2	4.6	5.5	5.7	6.4	5.4	12.6	14.0	8.0	8.6
Moderately high										
Systolic ≥160mm of Hg & Diastolic ≥100mm of Hg (%)										
Male	-	-	5.0	3.9	3.4	2.7	0.6	-	-	-
Female	7.6	7.0	3.4	3.1	7.0	7.0	0.6	0.4	-	-
Person	4.3	4.2	4.3	3.5	5.1	4.8	0.6	0.4	0.2	0.1
Systolic ≥160mm of Hg & Diastolic <100mm of Hg (%)										
Male	-	-	5.3	4.1	0.6	0.6	0.7	-	0.9	0.9
Female	-	-	3.2	3.2	-	-	1.0	0.5	0.7	0.7
Person	-	-	4.3	3.7	0.4	0.3	0.8	0.5	0.8	0.8
Systolic <160mm of Hg & Diastolic ≥100mm of Hg										
Male	-	-	-	-	-	-	3.6	3.8	-	-
Female	-	-	-	-	0.8	-	4.7	5.4	-	-
Person	-	-	0.7	0.7	0.9	-	4.1	4.6	-	-
Very high										
Systolic ≥180mm of Hg & Diastolic ≥110mm of Hg (%)										
Male	-	-	-	-	0.3	0.2	-	-	-	-
Female	3.0	-	1.9	1.9	4.8	4.8	0.2	-	-	-
Person	1.8	-	1.8	1.1	2.4	2.4	0.2	0.2	-	-
Systolic ≥180mm of Hg & Diastolic <110mm of Hg (%)										
Male	-	-	-	-	-	-	0.0	-	-	-
Female	-	-	-	-	-	-	0.2	-	-	-
Person	-	-	-	-	-	-	0.1	-	0.1	-
Systolic <180mm of Hg & Diastolic ≥110mm of Hg (%)										
Male	-	-	-	-	-	-	0.6	0.6	-	-
Female	-	-	-	-	-	-	0.8	0.7	0.5	-
Person	-	-	-	-	-	-	0.7	0.6	0.6	-
Iodine content in Household Salt (more than 15 ppm) (%)	67.0	54.1	57.9	50.3	49.7	42.2	77.8	78.2	65.9	63.7

Indicators	Panna		Sagar		Damoh		Satna		Rewa	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Nutritional status below 5 years										
Below -2 SD Wasting (Weight for Height) (%)										
Male	25.3	24.4	8.8	10.0	20.6	21.2	13.0	13.2	14.1	13.5
Female	20.4	20.5	17.7	22.6	14.0	15.3	15.6	16.1	6.1	5.8
Person	22.9	22.3	13.4	16.8	17.8	18.8	14.2	14.6	10.3	9.8
Below -3 SD Wasting (Weight for Height) (%)										
Male	4.0	4.7	4.0	4.2	-	-	4.1	4.5	-	-
Female	9.5	9.5	13.5	18.2	-	-	3.7	4.5	-	-
Person	6.8	7.2	8.9	11.8	-	-	3.9	4.5	-	-
Below -2 SD Stunting (Height for Age) (%)										
Male	43.1	40.7	66.7	52.8	40.1	37.8	33.1	31.5	49.2	49.1
Female	42.4	41.8	73.9	63.2	31.6	30.1	19.9	19.1	27.8	29.4
Person	42.8	41.2	70.5	58.3	36.5	34.6	26.9	25.4	39.1	39.7
Below -3SD Stunting (Height for Age) (%)										
Male	27.6	27.9	54.7	38.9	24.7	23.0	7.9	7.8	27.7	28.5
Female	34.0	34.3	55.8	48.7	25.7	23.7	5.0	5.4	10.3	12.4
Person	30.8	31.2	55.3	44.1	25.1	23.3	6.6	6.6	19.5	20.8
Below -2 SD Underweight (Weight for Age) (%)										
Male	44.9	43.1	47.8	51.7	29.1	28.1	12.5	11.1	35.6	35.0
Female	37.1	36.2	52.4	62.6	29.2	29.1	10.9	9.5	12.8	14.6
Person	41.0	39.6	50.2	57.7	29.1	28.6	11.7	10.4	25.0	25.3
Below -3 SD Underweight (Weight for Age) (%)										
Male	15.7	16.8	26.9	30.6	13.8	-	-	-	11.3	12.1
Female	-	-	26.0	34.5	7.6	7.6	-	-	-	-
Person	12.9	13.7	26.4	32.7	11.1	10.5	-	-	6.9	7.4
Below -2 SD Undernourished (BMI for Age) (%)										
Male	35.1	35.9	7.3	7.5	22.5	23.9	13.5	13.2	11.7	12.0
Female	27.3	27.8	19.4	25.8	20.3	22.1	16.5	17.2	6.4	6.1
Person	31.3	31.7	13.6	17.3	21.5	23.1	14.9	15.1	9.3	9.3
Below -3 SD Undernourished (BMI for Age) (%)										
Male	17.6	20.3	3.2	-	-	-	4.7	4.5	-	-
Female	17.5	18.0	11.3	14.9	10.3	11.2	4.7	5.7	-	-
Person	17.6	19.1	7.4	9.4	9.6	10.5	4.7	5.1	-	-
Above 2 SD Overnourished (BMI for Age) (%)										
Male	17.1	19.0	37.5	31.3	17.5	16.7	-	-	6.5	-
Female	20.3	20.3	24.2	18.5	16.5	15.2	2.4	2.8	5.9	6.2
Person	18.6	19.6	30.6	24.4	17.1	16.0	1.7	2.2	6.3	6.6
Above 3 SD Overnourished (BMI for Age) (%)										
Male	12.3	14.1	26.6	-	9.1	9.3	-	-	-	-
Female	10.1	10.1	13.1	-	9.7	9.2	-	-	-	-
Person	11.2	12.0	19.6	-	9.4	9.2	-	-	-	-
Nutritional status 5-18 years										
Below -2 SD Undernourished (BMI for Age) (%)										
Male	20.8	21.9	49.4	60.8	36.8	35.5	31.9	35.5	30.9	30.3
Female	20.0	22.1	47.9	59.7	32.2	32.2	28.3	29.6	23.9	24.7
Person	20.4	22.0	48.7	60.3	34.6	34.0	30.2	32.6	27.6	27.7
Below -3 SD Undernourished (BMI for Age) (%)										
Male	12.9	13.7	35.4	45.4	18.8	17.6	16.7	18.5	14.7	14.2
Female	8.4	8.8	26.6	32.3	13.1	13.6	12.3	12.7	8.8	9.7
Person	10.8	11.5	31.1	38.9	16.1	15.8	14.6	15.6	11.9	12.1
Above 2 SD Overnourished (BMI for Age) (%)										
Male	0.7	0.8	-	-	1.8	1.4	1.7	1.4	1.4	1.7
Female	-	-	1.4	-	-	-	1.7	1.1	2.0	1.9
Person	0.5	0.5	1.9	1.0	1.0	1.0	1.7	1.2	1.7	1.8
Above 3 SD Overnourished (BMI for Age) (%)										
Male	-	-	-	-	1.4	1.2	-	-	0.4	0.5
Female	-	-	-	-	0.0	0.0	-	-	-	-
Person	-	-	-	-	0.7	0.7	-	-	0.5	0.6

Indicators	Panna		Sagar		Damoh		Satna		Rewa	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Nutritional status 18 years and above										
BMI ≥25.0 for age 18-59 year (%)										
Male	4.9	4.1	6.1	3.7	4.7	3.3	4.9	2.9	7.6	6.7
Female	2.9	-	4.5	1.7	7.1	5.3	6.5	4.8	7.9	6.4
Person	4.0	3.2	5.4	2.8	5.8	4.3	5.7	3.9	7.8	6.6
BMI ≥25.0 for age 60 year and above (%)										
Male	-	-	7.7	4.8	4.9	3.0	4.6	2.6	8.1	8.5
Female	-	-	5.4	-	6.6	6.0	7.5	-	7.6	8.2
Person	-	-	6.5	3.3	5.8	4.8	6.1	4.4	7.9	8.4
BMI ≥30.0 for age 18-59 year (%)										
Male	0.6	0.6	-	-	1.3	0.9	0.5	0.5	0.4	-
Female	0.7	-	-	-	1.7	1.4	1.3	0.9	1.1	0.7
Person	0.7	0.6	-	-	1.5	1.1	0.9	0.7	0.8	0.5
BMI ≥30.0 for age 60 year and above (%)										
Male	-	-	0.6	0.8	-	-	1.6	-	0.0	0.0
Female	-	-	-	-	-	-	1.0	-	0.0	0.0
Person	-	-	0.4	0.4	-	-	1.3	-	0.0	0.0
BMI <18.5 for age 18-59 year (%)										
Male	7.7	7.7	25.8	31.0	12.4	13.6	12.9	13.7	11.0	10.7
Female	15.5	16.6	49.4	65.4	16.3	18.0	23.2	24.9	16.6	16.6
Person	11.2	11.8	36.4	45.6	14.2	15.7	18.2	19.4	13.7	13.6
BMI <18.5 for age 60 year and above (%)										
Male	29.5	30.8	47.4	61.8	30.1	32.3	30.2	30.1	22.1	19.3
Female	42.9	44.7	62.8	74.5	39.2	40.9	42.7	45.5	31.2	31.0
Person	35.7	37.3	55.4	68.4	35.1	37.3	36.7	38.1	26.2	24.6
Anemia status by Haemoglobin Level										
Anemia in the age group 6-59 months (%)										
Male	83.1	82.2	79.1	85.8	68.8	71.4	93.1	93.8	86.4	84.7
Female	81.3	80.3	75.0	94.8	74.2	74.7	98.0	98.6	86.4	85.1
Person	82.3	81.3	77.2	90.6	71.4	73.0	95.4	96.1	86.4	84.9
Severe Anemia in the age group 6-59 months (%)										
Male	-	-	0.0	0.0	-	-	-	-	-	-
Female	-	-	0.0	0.0	-	-	-	-	-	-
Person	-	-	0.0	0.0	-	-	-	-	-	-
Anemia in the age group 5-9 years (%)										
Male	92.3	92.2	86.4	90.6	85.3	86.6	96.7	97.7	87.0	83.7
Female	97.5	97.1	92.2	97.1	83.3	85.2	97.5	99.1	95.3	95.1
Person	94.8	94.6	89.0	93.7	84.4	86.0	97.0	98.4	91.1	89.3
Severe Anemia in the age group 5-9 years (%)										
Male	3.1	-	17.6	25.0	11.1	11.5	15.2	18.2	19.4	13.1
Female	8.7	8.2	22.2	29.0	10.9	11.4	21.5	23.6	20.3	13.4
Person	5.9	5.6	19.7	26.9	11.0	11.5	18.1	20.7	19.9	13.2
Anemia in the age group 10-17 years (%)										
Male	85.5	84.5	81.3	86.4	74.3	76.9	95.1	96.6	90.6	88.7
Female	93.9	93.1	89.2	91.0	82.8	85.9	98.8	98.9	90.8	88.8
Person	89.3	88.3	85.3	88.7	78.5	81.2	96.9	97.7	90.7	88.7
Severe Anemia in the age group 10-17 years (%)										
Male	4.1	-	9.5	11.5	4.7	4.4	10.1	12.0	17.6	10.0
Female	5.4	4.8	8.5	10.7	8.3	9.0	10.4	10.9	19.9	11.4
Person	4.7	3.5	8.9	11.1	6.5	6.6	10.2	11.5	18.7	10.7
Anemia in the age group 18-59 years (%)										
Male	81.9	80.5	74.8	76.7	71.9	72.8	93.3	94.5	95.2	94.3
Female	88.3	86.2	84.7	88.8	82.2	82.3	96.9	97.6	92.5	91.0
Severe Anemia in the age group 18-59 years (%)										
Male	1.6	1.2	5.2	6.6	3.7	3.8	8.7	10.1	19.4	11.1
Female	7.3	5.6	7.8	10.9	9.0	8.8	16.0	19.1	18.8	13.4
Anemia in the age group 60 years and above (%)										
Male	90.0	90.5	80.3	77.1	83.1	91.5	97.4	97.1	97.6	97.6
Female	89.6	89.4	83.4	87.3	87.1	89.3	97.5	97.7	94.8	93.7
Severe Anemia in the age group 60 years and above (%)										
Male	-	-	5.0	6.7	8.3	8.1	16.8	19.2	15.7	13.2
Female	4.5	3.4	9.2	10.9	9.3	8.1	16.2	18.3	15.9	12.8

Indicators	Panna		Sagar		Damoh		Satna		Rewa	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Blood Sugar Level (18 years and above)										
Blood Sugar Level ≥110 mg/dl (%)										
Male	5.6	4.9	13.0	12.8	8.3	7.7	6.1	6.9	6.9	5.7
Female	4.9	4.9	12.9	11.1	8.0	8.6	5.4	5.9	5.6	4.7
Person	5.2	4.9	12.9	12.0	8.1	8.1	5.7	6.4	6.2	5.2
Blood Sugar Level ≥130 mg/dl (%)										
Male	0.4	-	4.3	3.0	2.0	1.6	3.6	4.2	3.8	3.0
Female	0.7	0.7	4.9	4.0	1.3	1.1	2.8	2.9	3.9	3.0
Person	0.5	0.5	4.6	3.5	1.6	1.3	3.1	3.5	3.8	3.0
Blood Sugar Level ≥150 mg/dl (%)										
Male	-	-	-	-	1.0	-	2.5	2.8	2.1	1.3
Female	-	-	-	-	0.5	-	1.8	1.8	1.9	1.6
Person	-	-	-	-	0.7	0.6	2.1	2.3	2.0	1.4
Hypertension (18 years and above)										
Above Normal Range										
Systolic ≥140mm of Hg & Diastolic ≥90mm of Hg (%)										
Male	6.2	6.5	5.8	4.8	4.6	3.8	6.2	4.8	2.2	-
Female	3.0	3.3	4.4	4.1	4.5	4.1	7.5	6.5	2.1	2.2
Person	4.7	5.0	5.1	4.5	4.5	4.0	6.9	5.7	2.2	2.0
Systolic <140mm of Hg & Diastolic <90mm of Hg (%)										
Male	2.7	2.6	7.1	5.6	7.7	7.9	6.7	4.8	5.2	5.3
Female	2.0	2.0	6.1	3.6	5.3	5.7	8.4	6.9	5.6	5.0
Person	2.4	2.3	6.6	4.7	6.5	6.8	7.6	5.9	5.4	5.1
Systolic <140mm of Hg & Diastolic ≥90mm of Hg (%)										
Male	6.4	6.4	5.2	5.7	6.6	6.1	7.3	6.0	8.3	8.8
Female	5.4	5.1	5.4	5.3	7.9	8.1	5.8	5.4	5.6	6.1
Person	5.9	5.8	5.3	5.5	7.2	7.1	6.5	5.7	7.0	7.5
Moderately high										
Systolic ≥160mm of Hg & Diastolic ≥100mm of Hg (%)										
Male	-	-	0.7	-	-	-	1.0	0.9	0.4	-
Female	-	-	1.1	1.2	0.7	-	1.3	0.9	0.6	0.7
Person	-	-	0.9	0.7	0.5	-	1.2	0.9	0.5	0.5
Systolic ≥160mm of Hg & Diastolic <100mm of Hg (%)										
Male	2.9	2.9	1.0	0.7	0.6	0.6	2.7	1.7	1.3	1.5
Female	1.2	1.2	1.1	0.8	0.5	-	3.3	2.9	1.9	1.6
Person	2.1	2.1	1.1	0.7	0.5	0.5	3.0	2.3	1.6	1.5
Systolic <160mm of Hg & Diastolic ≥100mm of Hg										
Male	-	-	5.0	5.8	3.1	2.9	1.0	0.8	2.1	2.3
Female	1.1	-	2.8	3.0	3.9	3.8	1.2	1.1	1.2	1.1
Person	0.8	-	4.0	4.5	3.5	3.3	1.1	0.9	1.7	1.7
Very high										
Systolic ≥180mm of Hg & Diastolic ≥110mm of Hg (%)										
Male	0.0	0.0	-	-	-	-	0.1	0.0	-	-
Female	0.0	0.0	-	-	-	-	0.4	0.3	-	-
Person	0.0	0.0	-	-	-	-	0.3	0.2	-	-
Systolic ≥180mm of Hg & Diastolic <110mm of Hg (%)										
Male	-	-	0.4	-	-	-	0.5	0.6	0.6	0.5
Female	-	-	-	-	-	-	0.9	-	-	-
Person	-	-	0.4	-	-	-	0.7	0.7	0.4	0.5
Systolic <180mm of Hg & Diastolic ≥110mm of Hg (%)										
Male	-	-	4.1	4.9	0.6	0.4	-	-	0.5	0.5
Female	-	-	2.1	-	0.7	0.6	0.5	-	-	-
Person	-	-	3.1	3.6	0.6	0.5	0.5	0.4	0.3	0.3
Iodine content in Household Salt (more than 15 ppm) (%)	59.7	57.2	74.0	73.8	63.1	61.8	77.2	73.9	79.4	81.5

Indicators	Umariya		Shahdol		Sidhi		Neemuch		Mandsaur	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Nutritional status below 5 years										
Below -2 SD Wasting (Weight for Height) (%)										
Male	23.1	21.5	4.8	4.5	17.2	17.0	13.2	13.5	17.0	24.5
Female	13.4	13.6	-	-	13.0	-	19.4	20.4	23.3	32.4
Person	18.1	17.4	3.7	3.7	15.3	12.7	16.4	16.8	19.4	27.5
Below -3 SD Wasting (Weight for Height) (%)										
Male	15.6	15.9	-	-	5.1	4.4	7.4	6.9	11.2	16.4
Female	6.1	5.6	-	-	5.3	-	-	-	17.3	28.8
Person	10.7	10.6	-	-	5.2	2.9	9.3	8.9	13.5	21.1
Below -2 SD Stunting (Height for Age) (%)										
Male	57.0	57.8	73.6	72.3	48.7	48.9	49.8	53.0	69.9	70.3
Female	58.4	56.7	55.1	53.5	43.6	46.8	41.3	46.3	56.6	50.3
Person	57.7	57.3	65.3	63.8	46.4	48.0	45.5	49.8	65.1	63.2
Below -3SD Stunting (Height for Age) (%)										
Male	39.6	39.4	51.8	50.0	31.6	32.3	39.8	41.4	33.2	32.2
Female	53.2	50.9	37.1	34.0	27.8	27.1	30.0	40.1	45.8	36.7
Person	46.7	45.5	45.2	42.8	29.9	30.1	34.8	40.8	37.7	33.8
Below -2 SD Underweight (Weight for Age) (%)										
Male	54.8	54.0	20.5	21.1	27.0	29.1	53.3	60.2	63.1	66.3
Female	40.8	40.3	4.5	2.6	14.5	17.2	19.0	21.8	21.0	24.0
Person	47.6	47.0	13.3	12.6	21.2	24.0	36.2	42.2	47.8	50.9
Below -3 SD Underweight (Weight for Age) (%)										
Male	31.3	30.8	-	-	-	-	-	-	10.0	14.2
Female	15.3	15.2	-	-	-	-	-	-	10.1	-
Person	23.1	22.8	-	-	-	-	-	-	10.0	13.5
Below -2 SD Undernourished (BMI for Age) (%)										
Male	23.5	22.0	4.2	4.4	22.4	18.1	17.5	17.7	23.2	30.3
Female	10.5	10.7	-	-	21.5	13.1	27.4	29.6	25.9	32.3
Person	16.8	16.2	3.5	3.9	22.0	16.0	22.5	23.3	24.2	31.1
Below -3 SD Undernourished (BMI for Age) (%)										
Male	14.6	14.8	-	-	14.4	9.7	14.3	13.9	17.9	25.8
Female	5.1	4.5	-	-	15.3	-	17.1	17.5	19.8	29.8
Person	9.7	9.5	-	-	14.8	8.7	15.7	15.6	18.6	27.3
Above 2 SD Overnourished (BMI for Age) (%)										
Male	19.1	19.5	31.9	30.7	16.3	17.1	-	-	7.1	-
Female	20.7	19.1	30.6	30.0	16.7	17.8	24.7	32.9	8.1	7.3
Person	19.9	19.2	31.3	30.4	16.5	17.4	18.2	18.8	7.5	6.3
Above 3 SD Overnourished (BMI for Age) (%)										
Male	10.8	10.4	20.4	18.7	7.3	7.5	-	-	-	-
Female	9.5	7.2	24.0	23.7	5.5	-	-	-	3.0	-
Person	10.1	8.7	22.0	21.0	6.5	6.4	-	-	2.0	-
Nutritional status 5-18 years										
Below -2 SD Undernourished (BMI for Age) (%)										
Male	59.1	61.2	31.2	33.3	16.1	18.2	29.4	32.1	36.4	35.9
Female	51.4	51.9	28.3	29.9	16.0	19.0	24.3	27.7	26.1	26.8
Person	55.4	56.8	29.8	31.7	16.0	18.6	27.2	30.3	31.8	31.8
Below -3 SD Undernourished (BMI for Age) (%)										
Male	35.9	36.7	20.2	22.0	5.1	5.8	23.3	26.1	20.9	19.6
Female	31.5	31.0	15.5	16.6	3.9	4.9	15.7	17.8	12.3	13.4
Person	33.9	34.0	17.9	19.4	4.5	5.4	20.1	22.7	17.1	16.9
Above 2 SD Overnourished (BMI for Age) (%)										
Male	1.5	-	2.5	2.5	2.4	2.9	3.4	2.9	0.9	0.8
Female	-	-	2.2	2.9	1.2	1.5	4.7	5.5	-	-
Person	1.1	0.7	2.4	2.6	1.8	2.2	3.9	4.0	1.0	0.8
Above 3 SD Overnourished (BMI for Age) (%)										
Male	-	-	0.9	1.0	-	-	1.1	-	0.5	-
Female	-	-	0.8	1.1	-	-	-	-	0.0	-
Person	-	-	0.9	1.0	-	-	0.9	-	0.3	-

Indicators	Umaria		Shahdol		Sidhi		Neemuch		Mandsaur	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Nutritional status 18 years and above										
BMI ≥25.0 for age 18-59 year (%)										
Male	3.1	-	3.3	2.8	2.7	1.0	11.0	11.2	3.3	2.3
Female	3.1	-	5.7	4.8	5.2	2.3	7.1	7.8	6.7	4.8
Person	3.1	-	4.4	3.7	3.9	1.6	9.2	9.5	5.0	3.2
BMI ≥25.0 for age 60 year and above (%)										
Male	2.8	1.0	3.9	-	-	-	9.0	9.1	6.5	3.4
Female	3.7	1.6	10.6	11.5	-	-	6.2	5.8	19.8	17.2
Person	3.2	1.3	7.5	7.2	-	-	7.7	7.4	13.0	9.5
BMI ≥30.0 for age 18-59 year (%)										
Male	0.8	-	0.8	0.8	-	-	0.4	0.5	-	-
Female	*	-	1.7	1.5	0.5	0.6	1.0	0.7	0.7	-
Person	0.8	-	1.2	1.1	0.3	0.4	0.7	0.6	0.5	0.2
BMI ≥30.0 for age 60 year and above (%)										
Male	-	-	-	-	-	-	0.0	0.0	-	-
Female	-	-	-	-	-	-	0.0	0.0	-	-
Person	-	-	1.6	1.3	-	-	0.0	0.0	-	-
BMI <18.5 for age 18-59 year (%)										
Male	24.4	26.9	18.1	19.1	7.4	9.4	12.0	9.7	28.5	25.8
Female	40.4	43.8	20.2	21.0	5.0	6.4	9.0	6.5	18.1	17.0
Person	31.9	34.7	19.1	20.0	6.2	8.0	10.6	8.3	23.5	22.1
BMI <18.5 for age 60 year and above (%)										
Male	26.2	28.5	23.2	26.2	25.2	33.2	4.2	4.7	24.6	27.8
Female	48.1	54.7	28.5	31.0	28.6	30.6	5.5	4.9	15.8	16.8
Person	36.1	40.6	26.0	28.8	26.8	31.8	4.8	4.8	20.3	22.9
Anemia status by Haemoglobin Level										
Anemia in the age group 6-59 months (%)										
Male	80.4	79.1	85.2	87.1	51.5	51.8	-	-	65.1	53.5
Female	82.8	82.0	78.2	81.1	60.9	61.8	-	-	73.3	65.0
Person	81.6	80.6	82.0	84.2	55.8	56.1	-	-	68.3	57.9
Severe Anemia in the age group 6-59 months (%)										
Male	-	-	-	-	0.0	0.0	-	-	0.0	0.0
Female	-	-	-	-	0.0	0.0	-	-	0.0	0.0
Person	1.3	-	-	-	0.0	0.0	-	-	0.0	0.0
Anemia in the age group 5-9 years (%)										
Male	92.4	94.3	93.8	95.2	78.5	80.8	-	-	76.1	72.3
Female	93.3	95.2	95.4	96.4	72.6	77.5	-	-	78.4	74.1
Person	92.9	94.7	94.6	95.8	75.4	79.1	-	-	77.1	73.1
Severe Anemia in the age group 5-9 years (%)										
Male	19.2	17.9	11.1	12.6	3.9	4.1	-	-	6.2	6.6
Female	16.7	18.0	18.3	20.6	4.5	5.0	-	-	9.4	-
Person	18.0	17.9	14.5	16.6	4.2	4.6	-	-	7.6	7.4
Anemia in the age group 10-17 years (%)										
Male	90.6	93.3	93.6	95.1	75.0	76.3	56.2	53.4	76.6	73.3
Female	96.5	97.4	94.2	95.7	78.3	81.0	64.2	62.2	82.1	79.1
Person	93.3	95.2	93.9	95.4	76.6	78.5	59.3	56.7	79.0	75.9
Severe Anemia in the age group 10-17 years (%)										
Male	10.3	9.3	9.4	10.5	5.2	5.1	-	-	5.3	7.1
Female	15.9	14.9	13.2	11.8	3.3	2.3	11.0	-	8.8	10.3
Person	12.9	11.8	11.3	11.1	4.2	3.8	10.8	-	6.8	8.5
Anemia in the age group 18-59 years (%)										
Male	88.7	90.1	96.8	98.1	87.6	89.7	75.9	71.7	85.4	85.7
Female	93.0	93.4	93.7	95.0	76.7	79.8	57.4	49.9	77.8	76.4
Severe Anemia in the age group 18-59 years (%)										
Male	11.2	11.9	12.1	13.6	4.0	4.1	6.2	6.5	7.1	8.5
Female	16.5	15.5	11.5	12.1	4.2	5.2	4.0	-	10.3	10.7
Anemia in the age group 60 years and above (%)										
Male	92.4	91.4	99.3	99.1	87.4	89.8	78.5	73.5	91.4	91.9
Female	94.3	93.0	92.5	93.8	88.6	87.8	59.6	58.6	77.4	75.7
Severe Anemia in the age group 60 years and above (%)										
Male	14.4	14.3	13.0	14.7	-	-	6.5	5.1	5.2	6.5
Female	23.1	22.5	13.1	14.3	1.7	1.8	5.6	3.8	8.9	9.3

Indicators	Umaria		Shahdol		Sidhi		Neemuch		Mandsaur	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Blood Sugar Level (18 years and above)										
Blood Sugar Level ≥110 mg/dl (%)										
Male	10.0	9.6	5.3	5.1	5.7	2.5	16.7	19.8	7.5	6.0
Female	6.0	5.5	6.5	6.9	-	-	6.2	7.1	9.5	9.7
Person	8.0	7.6	6.0	5.9	4.7	2.6	11.8	13.6	8.5	7.8
Blood Sugar Level ≥130 mg/dl (%)										
Male	1.4	0.9	0.8	0.8	-	-	5.5	6.1	1.1	0.5
Female	1.3	1.1	0.7	0.7	-	-	5.0	5.7	-	-
Person	1.3	1.0	0.8	0.7	-	-	5.3	5.9	1.1	0.6
Blood Sugar Level ≥150 mg/dl (%)										
Male	0.8	0.3	0.5	0.3	-	-	3.2	4.0	-	-
Female	0.9	0.7	0.4	0.3	-	-	3.2	4.0	-	-
Person	0.8	0.5	0.5	0.3	-	-	3.2	4.0	-	-
Hypertension (18 years and above)										
Above Normal Range										
Systolic ≥140mm of Hg & Diastolic ≥90mm of Hg (%)										
Male	4.5	3.7	5.0	5.5	12.5	9.6	11.0	10.6	11.4	11.2
Female	4.7	4.7	3.6	2.9	5.2	4.9	22.8	26.2	19.0	17.8
Person	4.6	4.2	4.3	4.2	8.9	7.2	16.5	18.2	15.1	14.4
Systolic <140mm of Hg & Diastolic <90mm of Hg (%)										
Male	6.4	7.1	11.8	10.3	2.1	-	-	-	7.4	5.8
Female	4.4	4.9	7.1	6.9	1.6	1.3	-	-	4.2	3.0
Person	5.5	6.0	9.5	8.6	1.9	1.7	-	-	5.8	4.5
Systolic <140mm of Hg & Diastolic ≥90mm of Hg (%)										
Male	6.1	4.4	8.2	9.2	9.8	9.2	6.3	6.8	6.1	5.7
Female	3.8	2.5	7.0	7.5	5.5	5.1	1.5	1.7	2.8	3.1
Person	5.0	3.4	7.6	8.3	7.7	7.1	4.1	4.3	4.5	4.5
Moderately high										
Systolic ≥160mm of Hg & Diastolic ≥100mm of Hg (%)										
Male	0.4	0.4	-	-	-	-	3.8	3.2	1.4	1.5
Female	0.8	0.9	-	-	-	-	5.5	6.7	7.4	7.2
Person	0.6	0.6	-	-	0.4	-	4.6	4.9	4.3	4.2
Systolic ≥160mm of Hg & Diastolic <100mm of Hg (%)										
Male	1.0	1.2	2.2	1.8	2.8	1.7	-	-	4.8	2.5
Female	-	-	0.9	-	0.7	0.6	0.7	1.0	3.9	2.2
Person	1.1	1.2	1.5	1.4	1.8	1.1	1.5	2.0	4.3	2.4
Systolic <160mm of Hg & Diastolic ≥100mm of Hg										
Male	1.2	0.9	0.6	0.5	0.4	-	1.5	1.3	1.2	1.0
Female	0.8	0.6	0.9	0.8	-	-	-	-	1.0	0.9
Person	1.0	0.8	0.8	0.7	0.4	-	1.0	0.9	1.1	0.9
Very high										
Systolic ≥180mm of Hg & Diastolic ≥110mm of Hg (%)										
Male	-	-	0.0	0.0	0.0	0.0	0.6	0.3	0.6	0.5
Female	-	-	0.0	0.0	0.0	0.0	5.0	6.1	3.5	3.7
Person	-	-	0.0	0.0	0.0	0.0	2.6	3.1	2.0	2.1
Systolic ≥180mm of Hg & Diastolic <110mm of Hg (%)										
Male	-	-	0.0	0.0	0.4	0.0	-	-	-	-
Female	-	-	0.0	0.0	0.1	0.1	-	-	0.3	-
Person	-	-	0.0	0.0	0.2	0.0	-	-	0.2	-
Systolic <180mm of Hg & Diastolic ≥110mm of Hg (%)										
Male	0.3	0.3	-	-	0.0	-	-	-	0.4	0.3
Female	0.2	-	-	-	-	-	-	-	0.1	-
Person	0.3	0.2	-	-	0.0	-	-	-	0.3	0.2
Iodine content in Household Salt (more than 15 ppm) (%)	81.9	79.1	61.9	57.0	72.8	73.3	60.6	57.6	72.7	67.3

Indicators	Ratlam		Ujjain		Shajapur		Dewas		Jhabua	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Nutritional status below 5 years										
Below -2 SD Wasting (Weight for Height) (%)										
Male	29.6	31.7	25.8	22.6	13.8	17.1	30.0	29.7	16.2	16.8
Female	42.0	44.3	25.8	29.3	17.4	18.5	24.2	24.7	-	-
Person	36.0	38.5	25.8	25.5	15.4	17.8	27.0	27.2	12.0	12.3
Below -3 SD Wasting (Weight for Height) (%)										
Male	16.4	18.4	11.0	10.2	9.4	11.3	10.1	6.9	3.6	4.1
Female	30.5	29.9	19.3	20.5	13.4	14.4	17.8	15.9	-	-
Person	23.7	24.7	14.7	14.7	11.2	12.8	14.1	11.5	2.2	2.5
Below -2 SD Stunting (Height for Age) (%)										
Male	33.4	39.9	59.3	69.5	53.8	56.0	42.8	41.8	56.9	57.1
Female	33.3	42.1	42.0	47.7	55.7	64.0	51.5	53.5	46.5	44.8
Person	33.4	41.1	52.0	60.7	54.7	59.9	47.8	48.4	52.9	52.2
Below -3SD Stunting (Height for Age) (%)										
Male	21.9	25.4	32.4	39.7	28.8	26.4	30.5	28.3	34.1	34.2
Female	18.5	21.4	22.2	21.5	40.0	47.3	44.1	45.7	22.4	22.5
Person	20.2	23.3	28.0	32.3	33.7	36.5	38.3	38.1	29.6	29.5
Below -2 SD Underweight (Weight for Age) (%)										
Male	45.7	55.6	52.4	58.7	46.5	47.8	54.2	50.1	34.2	33.7
Female	37.5	43.3	32.1	30.3	20.9	21.3	56.0	54.9	26.6	26.9
Person	41.6	49.3	43.8	47.2	35.1	35.0	55.1	52.5	31.3	31.0
Below -3 SD Underweight (Weight for Age) (%)										
Male	17.2	24.0	25.2	31.6	9.2	12.3	50.1	45.8	17.2	16.7
Female	21.0	24.7	14.6	13.3	12.2	15.4	50.7	49.4	12.9	12.6
Person	19.1	24.4	20.7	24.2	10.5	13.8	50.4	47.6	15.6	15.1
Below -2 SD Undernourished (BMI for Age) (%)										
Male	32.4	34.4	31.5	27.3	20.1	23.9	19.2	18.1	10.6	11.6
Female	44.8	46.4	27.3	29.7	23.6	23.8	25.0	26.1	-	-
Person	38.5	40.5	29.8	28.3	21.7	23.9	22.2	22.1	7.9	8.4
Below -3 SD Undernourished (BMI for Age) (%)										
Male	26.6	30.3	20.0	16.9	14.8	17.8	14.9	12.7	-	-
Female	34.6	35.1	19.2	19.3	18.3	17.6	19.6	19.5	-	-
Person	30.5	32.7	19.7	17.9	16.3	17.7	17.3	16.1	-	-
Above 2 SD Overnourished (BMI for Age) (%)										
Male	10.5	-	4.9	3.8	7.1	8.9	5.4	6.2	23.6	24.2
Female	-	-	7.8	-	10.1	10.1	3.4	-	26.3	24.2
Person	9.8	-	6.1	5.7	8.4	9.5	4.4	4.9	24.6	24.2
Above 3 SD Overnourished (BMI for Age) (%)										
Male	-	-	4.4	2.9	-	-	-	-	19.9	21.2
Female	-	-	7.1	-	-	-	1.8	-	18.4	17.6
Person	-	-	5.5	4.7	-	-	2.1	-	19.3	19.8
Nutritional status 5-18 years										
Below -2 SD Undernourished (BMI for Age) (%)										
Male	35.4	35.4	45.7	46.3	38.9	38.2	47.9	48.6	25.5	25.2
Female	32.2	31.2	36.2	36.1	31.3	30.7	44.0	44.2	21.3	21.3
Person	34.0	33.5	41.3	41.4	35.8	35.1	46.0	46.4	23.5	23.3
Below -3 SD Undernourished (BMI for Age) (%)										
Male	24.8	26.3	26.2	27.7	25.0	25.1	36.5	37.1	8.2	8.2
Female	19.4	19.9	21.4	21.2	17.8	18.0	32.0	31.8	4.8	4.9
Person	22.4	23.4	24.0	24.6	22.0	22.2	34.3	34.4	6.6	6.6
Above 2 SD Overnourished (BMI for Age) (%)										
Male	-	-	1.0	-	-	-	4.1	3.7	0.7	0.8
Female	2.1	-	-	-	-	-	3.2	2.5	0.5	0.6
Person	1.3	-	1.1	-	-	-	3.7	3.1	0.6	0.7
Above 3 SD Overnourished (BMI for Age) (%)										
Male	-	-	-	-	-	-	1.1	1.0	0.0	0.0
Female	-	-	-	-	-	-	1.1	0.5	0.4	0.4
Person	-	-	0.5	-	-	-	1.1	0.8	0.2	0.2

Indicators	Ratlam		Ujjain		Shajapur		Dewas		Jhabua	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Nutritional status 18 years and above										
BMI ≥25.0 for age 18-59 year (%)										
Male	7.4	5.5	5.5	3.7	8.2	8.1	2.3	3.1	0.8	0.6
Female	9.0	7.7	6.4	4.9	8.6	8.1	2.2	2.6	1.1	1.0
Person	8.2	6.2	5.9	4.2	8.4	8.1	2.3	2.8	0.9	0.7
BMI ≥25.0 for age 60 year and above (%)										
Male	12.6	6.9	11.7	6.8	9.3	7.5	5.0	6.9	-	-
Female	14.0	10.1	14.9	5.3	10.6	10.6	4.5	5.2	-	-
Person	13.3	8.5	13.2	6.1	9.9	9.0	4.8	6.1	-	-
BMI ≥30.0 for age 18-59 year (%)										
Male	-	-	0.6	-	-	-	-	-	-	-
Female	0.3	-	-	-	-	-	-	-	-	-
Person	0.2	-	0.7	-	0.3	0.4	-	-	-	-
BMI ≥30.0 for age 60 year and above (%)										
Male	-	-	1.3	-	-	-	-	-	-	-
Female	-	-	3.4	-	-	-	-	-	-	-
Person	-	-	2.3	-	1.9	2.1	1.1	-	-	-
BMI <18.5 for age 18-59 year (%)										
Male	30.4	28.9	40.4	35.9	16.2	16.5	38.6	39.5	29.2	29.9
Female	24.5	21.3	29.1	29.1	9.2	8.7	29.6	30.4	38.8	37.4
Person	27.6	25.6	35.0	34.0	13.0	13.1	34.5	35.2	33.7	33.9
BMI <18.5 for age 60 year and above (%)										
Male	24.8	24.5	30.5	26.0	8.8	10.6	43.5	40.3	39.6	36.2
Female	21.9	19.3	21.4	26.9	11.0	12.9	52.7	50.0	45.4	44.4
Person	23.4	22.0	26.1	26.4	9.9	11.7	47.8	44.8	42.4	40.1
Anemia status by Haemoglobin Level										
Anemia in the age group 6-59 months (%)										
Male	85.9	-	77.4	80.1	62.7	62.1	52.9	54.1	65.8	63.6
Female	87.2	-	85.1	90.7	55.7	60.5	59.4	59.3	66.1	65.6
Person	86.6	-	80.6	84.7	59.3	61.3	55.8	56.4	65.9	64.4
Severe Anemia in the age group 6-59 months (%)										
Male	0.0	-	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Female	0.0	-	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Person	0.0	-	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Anemia in the age group 5-9 years (%)										
Male	85.7	86.2	87.4	91.3	60.2	58.7	68.8	72.9	74.6	73.2
Female	83.2	86.4	83.2	87.8	66.0	69.1	64.6	69.8	72.5	71.2
Person	84.6	86.3	85.5	89.9	62.8	63.4	66.9	71.5	73.6	72.3
Severe Anemia in the age group 5-9 years (%)										
Male	11.7	12.1	5.8	7.3	-	-	2.4	2.4	13.2	11.7
Female	8.6	-	-	-	-	-	2.8	4.1	17.0	15.6
Person	10.3	11.0	4.4	5.4	4.1	4.1	2.6	3.2	15.0	13.6
Anemia in the age group 10-17 years (%)										
Male	87.6	90.8	82.3	86.8	49.3	46.6	60.3	60.1	77.6	76.5
Female	89.1	92.7	87.6	90.7	63.5	60.4	67.0	61.6	71.3	69.8
Person	88.2	91.6	84.8	88.7	55.4	52.3	63.5	60.9	74.7	73.4
Severe Anemia in the age group 10-17 years (%)										
Male	10.8	12.6	-	-	1.9	-	1.1	1.8	18.0	15.4
Female	13.4	13.4	5.0	-	-	-	3.3	3.2	16.1	12.7
Person	11.9	12.9	3.6	2.0	2.8	-	2.2	2.5	17.1	14.2
Anemia in the age group 18-59 years (%)										
Male	93.0	95.6	83.5	83.6	67.2	63.8	74.8	72.3	82.5	81.0
Female	89.0	91.2	88.3	87.2	61.3	56.3	63.0	63.3	75.5	73.6
Severe Anemia in the age group 18-59 years (%)										
Male	9.2	11.2	3.3	2.5	4.7	5.6	1.4	1.3	16.6	14.0
Female	8.7	10.0	6.9	6.0	4.8	5.7	2.2	2.3	18.1	15.3
Anemia in the age group 60 years and above (%)										
Male	90.9	93.5	86.6	83.8	73.6	71.2	64.2	60.7	86.9	85.8
Female	87.2	92.8	88.3	84.5	67.9	66.8	70.0	68.9	79.5	77.3
Severe Anemia in the age group 60 years and above (%)										
Male	5.6	6.7	3.3	-	8.7	8.6	-	-	18.7	18.1
Female	7.6	9.6	6.8	7.1	6.7	8.2	-	-	22.2	18.5

Indicators	Ratlam		Ujjain		Shajapur		Dewas		Jhabua	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Blood Sugar Level (18 years and above)										
Blood Sugar Level ≥110 mg/dl (%)										
Male	15.4	13.9	14.4	9.7	8.4	7.0	8.7	-	7.6	7.3
Female	7.8	6.7	7.9	5.4	13.5	11.1	6.2	-	12.6	12.3
Person	11.6	10.5	11.1	7.6	10.8	8.9	7.5	-	9.9	9.6
Blood Sugar Level ≥130 mg/dl (%)										
Male	5.3	4.3	6.4	2.7	1.1	0.7	0.3	-	1.8	1.6
Female	5.3	5.6	6.8	4.2	1.5	1.2	-	-	1.0	1.0
Person	5.3	4.9	6.6	3.4	1.3	0.9	0.2	-	1.4	1.4
Blood Sugar Level ≥150 mg/dl (%)										
Male	2.7	2.6	3.3	1.4	-	-	0.2	-	0.3	0.3
Female	2.5	-	3.6	2.2	0.6	-	-	-	-	-
Person	2.6	2.6	3.5	1.8	0.3	-	0.2	-	0.2	0.2
Hypertension (18 years and above)										
Above Normal Range										
Systolic ≥140mm of Hg & Diastolic ≥90mm of Hg (%)										
Male	13.6	12.3	12.1	13.5	10.3	11.4	10.9	-	12.8	13.5
Female	16.2	14.8	16.3	10.8	24.0	24.9	21.7	19.7	22.6	23.7
Person	14.9	13.5	14.1	12.2	16.9	17.7	16.2	15.5	17.4	18.2
Systolic <140mm of Hg & Diastolic <90mm of Hg (%)										
Male	6.9	7.2	5.7	5.1	4.4	4.5	5.3	5.1	0.4	-
Female	5.0	6.1	4.8	4.0	4.0	4.8	3.2	3.0	0.4	0.4
Person	6.0	6.7	5.3	4.6	4.2	4.7	4.3	4.1	0.4	0.4
Systolic <140mm of Hg & Diastolic ≥90mm of Hg (%)										
Male	10.0	9.6	7.9	8.4	6.6	4.5	7.3	7.5	13.4	13.6
Female	2.8	2.9	4.8	4.5	3.0	2.9	3.2	3.8	3.1	2.7
Person	6.6	6.4	6.4	6.5	4.9	3.7	5.3	5.7	8.6	8.6
Moderately high										
Systolic ≥160mm of Hg & Diastolic ≥100mm of Hg (%)										
Male	2.2	-	1.6	2.1	1.1	1.4	4.2	-	1.2	1.0
Female	6.3	5.1	3.3	2.3	8.1	7.8	3.6	-	8.4	8.6
Person	4.1	3.6	2.4	2.2	4.5	4.4	3.9	-	4.6	4.6
Systolic ≥160mm of Hg & Diastolic <100mm of Hg (%)										
Male	2.7	3.3	2.3	2.6	1.5	2.0	4.1	3.5	0.5	0.5
Female	2.4	3.4	1.9	1.9	0.9	1.0	2.6	-	0.2	0.3
Person	2.6	3.3	2.1	2.2	1.2	1.5	3.4	2.9	0.4	0.4
Systolic <160mm of Hg & Diastolic ≥100mm of Hg										
Male	6.1	4.4	2.7	2.9	2.1	-	3.1	3.3	4.8	4.8
Female	2.1	1.9	1.7	1.5	1.3	-	0.9	1.3	1.5	1.4
Person	4.2	3.2	2.2	2.2	1.7	-	2.0	2.3	3.2	3.2
Very high										
Systolic ≥180mm of Hg & Diastolic ≥110mm of Hg (%)										
Male	-	-	0.5	0.8	-	-	1.9	2.5	0.6	0.6
Female	2.1	1.9	1.2	0.9	3.8	3.5	2.8	3.4	5.2	5.2
Person	1.3	1.2	0.9	0.9	1.9	1.8	2.3	3.0	2.8	2.8
Systolic ≥180mm of Hg & Diastolic <110mm of Hg (%)										
Male	-	-	0.5	0.6	-	-	-	-	0.0	0.0
Female	-	-	0.6	0.4	0.3	-	-	-	0.0	0.0
Person	-	-	0.5	0.5	0.3	-	-	-	0.0	0.0
Systolic <180mm of Hg & Diastolic ≥110mm of Hg (%)										
Male	3.1	2.3	0.7	1.1	0.6	0.6	0.9	0.6	3.4	3.3
Female	1.3	1.2	0.8	0.8	0.4	-	-	0.4	1.8	1.6
Person	2.3	1.8	0.7	1.0	0.5	0.4	0.7	0.5	2.6	2.5
Iodine content in Household Salt (more than 15 ppm) (%)	76.3	68.7	79.9	65.1	54.5	46.9	62.7	50.2	45.6	43.1

Indicators	Dhar		Indore		West Nimar		Barwani		East Nimar	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Nutritional status below 5 years										
Below -2 SD Wasting (Weight for Height) (%)										
Male	29.2	31.6	6.0	13.5	14.4	15.8	22.2	21.6	12.0	13.2
Female	18.6	-	7.9	10.2	15.4	13.6	32.8	31.9	6.5	10.1
Person	23.9	23.8	6.7	12.1	14.9	14.7	27.7	27.0	9.2	11.8
Below -3 SD Wasting (Weight for Height) (%)										
Male	9.3	10.0	2.1	6.5	8.8	9.4	15.4	16.0	-	-
Female	-	-	1.8	5.1	8.3	7.3	25.9	24.7	-	-
Person	8.7	9.3	2.0	5.9	8.5	8.3	20.9	20.5	-	-
Below -2 SD Stunting (Height for Age) (%)										
Male	57.0	59.4	67.4	60.9	85.5	86.4	73.1	74.3	52.6	47.0
Female	46.8	48.0	49.9	34.4	57.1	61.3	42.1	43.8	31.7	33.5
Person	51.5	53.1	60.7	49.6	71.8	74.0	57.2	58.7	42.0	40.9
Below -3SD Stunting (Height for Age) (%)										
Male	27.1	29.1	29.5	33.8	51.3	46.6	44.4	44.5	22.0	16.8
Female	31.5	31.0	29.0	22.4	48.0	52.4	39.1	40.7	21.4	18.6
Person	29.5	30.2	29.3	28.9	49.7	49.5	41.7	42.6	21.7	17.7
Below -2 SD Underweight (Weight for Age) (%)										
Male	46.3	48.7	47.0	39.0	82.2	82.9	84.3	85.2	41.8	37.1
Female	38.9	33.4	20.9	28.8	48.1	50.9	47.3	46.6	18.4	13.8
Person	42.4	40.8	36.6	34.6	65.8	67.1	65.6	65.5	30.0	26.5
Below -3 SD Underweight (Weight for Age) (%)										
Male	23.7	26.8	5.1	13.0	37.9	32.8	35.4	34.8	12.8	-
Female	16.3	9.5	6.9	9.4	10.1	9.1	27.0	27.4	6.8	-
Person	19.9	17.8	5.8	11.5	24.6	21.1	31.2	31.0	9.8	-
Below -2 SD Undernourished (BMI for Age) (%)										
Male	14.0	13.2	4.2	7.2	18.1	19.1	34.0	32.1	23.0	24.4
Female	11.4	12.8	7.9	11.3	20.2	18.8	39.9	38.2	18.5	24.8
Person	12.7	13.0	5.6	9.0	19.1	19.0	37.0	35.2	20.7	24.6
Below -3 SD Undernourished (BMI for Age) (%)										
Male	7.1	7.4	2.9	7.2	13.4	14.3	28.6	28.0	19.0	-
Female	10.6	11.8	2.4	7.1	13.5	11.5	35.0	32.9	14.1	18.6
Person	8.9	9.6	2.7	7.1	13.5	12.9	31.8	30.5	16.5	19.4
Above 2 SD Overnourished (BMI for Age) (%)										
Male	16.9	19.3	11.6	17.7	7.8	7.8	4.6	4.5	7.8	8.3
Female	26.5	31.5	9.2	3.5	5.0	-	4.0	-	3.9	4.8
Person	21.7	25.3	10.6	11.4	6.4	5.8	4.3	3.9	5.8	6.7
Above 3 SD Overnourished (BMI for Age) (%)										
Male	-	-	3.7	6.6	3.3	3.6	1.8	2.0	1.9	1.9
Female	21.5	-	-	-	-	-	0.5	-	-	-
Person	17.6	-	2.4	3.7	2.8	2.7	1.1	1.2	1.4	1.4
Nutritional status 5-18 years										
Below -2 SD Undernourished (BMI for Age) (%)										
Male	40.5	41.0	31.9	39.6	22.6	23.5	45.0	45.4	39.8	43.7
Female	30.5	31.5	23.7	27.7	21.8	23.2	43.8	43.6	26.8	27.8
Person	36.6	37.3	28.1	34.1	22.3	23.4	44.4	44.5	34.0	36.8
Below -3 SD Undernourished (BMI for Age) (%)										
Male	23.2	23.7	15.7	19.4	13.6	14.5	34.3	34.6	11.8	12.4
Female	16.0	17.6	9.8	12.7	12.2	12.8	32.0	31.6	10.3	10.4
Person	20.3	21.3	13.0	16.3	13.0	13.7	33.2	33.2	11.2	11.5
Above 2 SD Overnourished (BMI for Age) (%)										
Male	3.8	4.4	2.5	-	2.8	3.3	4.5	4.2	0.4	-
Female	-	-	-	-	-	-	3.4	3.3	-	-
Person	3.1	3.6	2.1	0.5	2.1	2.4	4.0	3.8	0.4	-
Above 3 SD Overnourished (BMI for Age) (%)										
Male	2.2	2.5	-	-	-	-	1.5	1.5	-	-
Female	-	-	-	-	-	-	1.0	0.8	-	-
Person	1.5	1.7	-	-	-	-	1.2	1.2	-	-

Indicators	Dhar		Indore		West Nimar		Barwani		East Nimar	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Nutritional status 18 years and above										
BMI ≥25.0 for age 18-59 year (%)										
Male	1.7	1.9	11.8	7.4	4.1	3.9	3.4	3.2	5.7	-
Female	1.6	-	15.6	10.8	3.7	2.8	3.3	3.0	5.4	5.4
Person	1.7	1.5	13.7	8.8	4.0	3.4	3.4	3.1	5.6	5.2
BMI ≥25.0 for age 60 year and above (%)										
Male	3.1	2.3	19.7	11.0	5.9	3.7	12.0	9.9	9.5	7.2
Female	3.1	-	25.5	12.3	3.6	-	12.7	13.4	9.9	8.8
Person	3.1	1.8	22.5	11.7	4.7	2.9	12.3	11.6	9.7	8.0
BMI ≥30.0 for age 18-59 year (%)										
Male	-	-	2.6	1.3	-	-	0.3	-	-	-
Female	0.3	-	3.4	1.7	-	-	0.2	-	0.4	-
Person	0.2	-	3.0	1.4	0.2	0.2	0.3	-	0.4	-
BMI ≥30.0 for age 60 year and above (%)										
Male	-	-	5.4	-	-	-	2.5	-	-	-
Female	-	-	6.5	-	-	-	1.2	-	-	-
Person	-	-	5.9	-	-	-	1.9	-	-	-
BMI <18.5 for age 18-59 year (%)										
Male	38.0	38.9	43.0	51.1	19.8	19.1	30.8	31.5	29.8	29.7
Female	40.9	41.2	21.8	34.4	13.3	13.8	24.0	24.4	18.1	14.9
Person	39.4	40.0	32.6	42.9	16.8	16.6	27.7	28.1	24.4	23.3
BMI <18.5 for age 60 year and above (%)										
Male	34.4	36.0	29.5	28.0	11.3	10.6	22.5	23.2	16.7	17.3
Female	48.5	52.1	19.1	28.2	17.8	15.8	27.0	29.8	16.2	17.1
Person	41.3	43.7	24.6	28.1	14.6	13.1	24.6	26.4	16.5	17.2
Anemia status by Haemoglobin Level										
Anemia in the age group 6-59 months (%)										
Male	70.5	70.8	79.9	69.9	66.0	-	-	-	71.9	71.2
Female	51.0	40.3	79.7	51.2	60.4	-	-	-	66.3	66.3
Person	61.1	55.6	79.8	60.3	62.5	-	-	-	69.2	68.7
Severe Anemia in the age group 6-59 months (%)										
Male	0.0	0.0	0.0	0.0	0.0	-	-	-	0.0	0.0
Female	0.0	0.0	0.0	0.0	0.0	-	-	-	0.0	0.0
Person	0.0	0.0	0.0	0.0	0.0	-	-	-	0.0	0.0
Anemia in the age group 5-9 years (%)										
Male	77.1	74.7	68.3	30.6	76.2	69.7	52.4	50.4	77.3	76.5
Female	65.5	64.7	80.4	68.1	76.3	72.3	70.0	72.2	77.4	76.1
Person	71.8	70.3	73.8	46.9	76.2	71.0	60.0	59.7	77.4	76.3
Severe Anemia in the age group 5-9 years (%)										
Male	13.3	15.0	-	-	19.9	-	-	-	4.1	-
Female	10.6	10.5	-	-	19.8	21.1	12.7	15.6	5.1	4.1
Person	12.1	13.0	-	-	19.8	21.5	9.3	11.2	4.6	3.6
Anemia in the age group 10-17 years (%)										
Male	79.3	78.1	65.2	40.2	63.9	58.9	57.9	57.6	70.3	69.2
Female	81.1	77.6	74.1	42.4	72.9	71.9	71.1	71.2	77.2	74.2
Person	80.0	77.9	69.8	41.4	68.0	64.9	63.7	63.6	73.4	71.4
Severe Anemia in the age group 10-17 years (%)										
Male	7.4	7.4	-	-	12.4	10.2	-	-	3.8	-
Female	6.8	6.8	-	-	15.2	14.7	-	-	3.1	3.3
Person	7.2	7.2	1.1	0.0	13.7	12.3	-	-	3.5	3.6
Anemia in the age group 18-59 years (%)										
Male	86.8	86.9	71.3	45.7	78.2	74.8	73.1	73.1	77.1	75.4
Female	80.1	79.1	75.6	46.8	74.0	70.2	65.6	67.1	76.0	74.5
Severe Anemia in the age group 18-59 years (%)										
Male	15.2	16.2	1.8	1.2	14.6	13.0	12.1	14.1	3.6	3.5
Female	11.5	11.6	3.4	1.5	18.1	15.8	10.8	12.7	5.0	5.4
Anemia in the age group 60 years and above (%)										
Male	90.8	90.3	78.1	42.0	82.6	80.2	77.9	80.0	81.8	78.2
Female	79.0	79.2	72.3	22.3	66.2	62.9	59.8	64.6	79.8	78.8
Severe Anemia in the age group 60 years and above (%)										
Male	12.6	11.5	3.8	-	12.4	-	-	-	4.9	-
Female	-	-	3.9	0.0	8.6	-	-	-	3.5	3.6

Indicators	Dhar		Indore		West Nimar		Barwani		East Nimar	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Blood Sugar Level (18 years and above)										
Blood Sugar Level ≥110 mg/dl (%)										
Male	6.2	5.2	10.8	6.2	12.0	10.8	12.6	12.8	13.1	13.1
Female	10.7	8.2	9.6	5.1	7.1	6.2	3.4	2.9	7.6	7.9
Person	8.2	6.5	10.1	5.6	9.6	8.5	8.0	8.0	10.4	10.6
Blood Sugar Level ≥130 mg/dl (%)										
Male	0.5	-	3.5	1.0	2.7	1.8	0.6	0.6	4.0	4.4
Female	1.0	0.6	3.8	1.4	1.3	0.4	0.5	-	4.8	-
Person	0.7	0.4	3.6	1.2	2.0	1.1	0.5	0.5	4.4	4.8
Blood Sugar Level ≥150 mg/dl (%)										
Male	0.4	-	2.3	0.8	1.0	-	0.3	-	1.8	-
Female	0.6	0.4	2.4	0.8	0.7	0.2	0.3	-	1.7	-
Person	0.5	0.2	2.4	0.8	0.9	0.3	0.3	-	1.7	-
Hypertension (18 years and above)										
Above Normal Range										
Systolic ≥140mm of Hg & Diastolic ≥90mm of Hg (%)										
Male	15.9	14.8	12.2	9.8	20.1	19.1	14.6	13.1	17.0	16.4
Female	13.0	11.3	18.3	25.2	15.3	14.5	16.7	15.9	14.4	14.7
Person	14.5	13.1	15.2	17.4	17.8	16.9	15.6	14.4	15.7	15.6
Systolic <140mm of Hg & Diastolic <90mm of Hg (%)										
Male	4.9	3.8	10.5	15.1	4.9	4.5	7.0	6.3	3.7	4.0
Female	7.3	6.7	3.2	3.3	5.1	3.9	4.5	4.1	3.9	3.7
Person	6.0	5.2	6.9	9.3	5.0	4.2	5.8	5.3	3.8	3.9
Systolic <140mm of Hg & Diastolic ≥90mm of Hg (%)										
Male	7.7	6.9	0.4	0.5	8.3	7.8	6.2	4.7	8.8	8.4
Female	2.4	2.0	0.8	0.7	3.7	3.6	4.6	3.4	3.8	3.5
Person	5.1	4.5	0.6	0.6	6.1	5.8	5.4	4.1	6.4	6.0
Moderately high										
Systolic ≥160mm of Hg & Diastolic ≥100mm of Hg (%)										
Male	-	-	3.9	3.1	2.2	1.9	4.1	3.4	4.3	4.3
Female	7.5	6.4	3.3	2.7	5.8	5.1	3.9	3.4	3.2	3.5
Person	3.9	3.3	3.6	2.9	3.9	3.4	4.0	3.4	3.8	3.9
Systolic ≥160mm of Hg & Diastolic <100mm of Hg (%)										
Male	4.2	3.1	8.0	13.0	1.1	0.6	4.1	3.3	0.9	0.7
Female	7.2	6.6	1.6	2.3	1.1	0.5	2.7	2.6	1.6	1.3
Person	5.6	4.8	4.9	7.7	1.1	0.6	3.5	2.9	1.2	1.0
Systolic <160mm of Hg & Diastolic ≥100mm of Hg										
Male	1.6	-	1.5	2.1	3.3	3.2	1.8	-	7.0	-
Female	0.6	0.5	1.2	1.7	2.1	2.1	2.3	-	4.6	5.2
Person	1.1	0.9	1.3	1.9	2.7	2.7	2.0	-	5.9	6.4
Very high										
Systolic ≥180mm of Hg & Diastolic ≥110mm of Hg (%)										
Male	0.3	-	0.8	1.2	1.1	0.8	1.6	-	2.1	2.0
Female	4.0	3.2	1.1	0.9	5.0	4.6	2.4	2.4	1.3	1.3
Person	2.1	1.7	1.0	1.1	3.0	2.6	2.0	1.9	1.7	1.7
Systolic ≥180mm of Hg & Diastolic <110mm of Hg (%)										
Male	0.0	0.0	0.2	-	-	-	0.1	0.0	-	-
Female	0.0	0.0	0.5	-	0.3	-	0.0	0.0	-	-
Person	0.0	0.0	0.3	-	0.3	0.2	0.0	0.0	0.3	0.3
Systolic <180mm of Hg & Diastolic ≥110mm of Hg (%)										
Male	0.8	-	0.7	1.2	0.6	0.4	0.8	-	-	-
Female	0.6	0.4	1.0	1.2	0.3	-	0.7	-	-	-
Person	0.7	0.6	0.9	1.2	0.5	0.3	0.7	-	-	-
Iodine content in Household Salt (more than 15 ppm) (%)	51.4	46.8	89.3	68.9	74.4	71.9	65.3	58.9	79.2	75.7

Indicators	Rajgarh		Vidisha		Bhopal		Sehore		Raisen	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Nutritional status below 5 years										
Below -2 SD Wasting (Weight for Height) (%)										
Male	29.1	31.6	27.4	24.9	8.8	28.2	14.3	14.3	21.4	21.8
Female	10.4	11.0	30.3	30.0	12.7	17.5	11.5	11.5	23.9	26.8
Person	20.7	23.0	28.7	27.0	10.7	21.0	13.0	13.0	22.6	24.1
Below -3 SD Wasting (Weight for Height) (%)										
Male	-	-	17.8	17.9	4.7	21.4	7.0	8.0	10.6	11.0
Female	5.8	4.9	12.3	10.6	7.7	10.6	9.0	9.6	10.6	-
Person	3.7	3.3	15.3	14.6	6.1	14.1	7.9	8.8	10.6	11.1
Below -2 SD Stunting (Height for Age) (%)										
Male	54.0	57.2	58.9	59.7	67.2	42.8	59.2	61.1	69.8	68.5
Female	42.3	39.6	48.3	48.6	42.6	23.4	39.1	43.5	58.1	53.2
Person	48.8	49.9	53.9	54.7	55.5	29.8	49.7	52.7	64.0	61.2
Below -3SD Stunting (Height for Age) (%)										
Male	28.4	30.8	38.1	38.3	40.1	8.5	29.6	34.2	51.3	50.2
Female	30.3	26.6	37.6	38.4	36.5	15.4	31.2	35.1	45.6	43.4
Person	29.3	29.1	37.8	38.4	38.4	13.1	30.4	34.6	48.5	46.9
Below -2 SD Underweight (Weight for Age) (%)										
Male	51.2	56.4	53.1	50.1	62.6	60.2	63.0	63.9	67.0	68.1
Female	34.8	31.6	31.5	27.6	27.4	32.9	26.5	30.0	50.8	54.4
Person	43.9	46.2	43.6	40.4	45.8	41.9	45.8	47.8	59.5	62.0
Below -3 SD Underweight (Weight for Age) (%)										
Male	36.1	39.9	21.0	18.7	28.4	27.1	22.9	26.4	39.8	40.0
Female	-	-	16.4	14.7	8.3	22.5	6.6	6.9	24.4	26.9
Person	21.5	25.4	19.0	16.9	18.8	24.0	15.3	17.2	32.7	34.2
Below -2 SD Undernourished (BMI for Age) (%)										
Male	31.9	34.7	25.3	23.2	12.9	38.7	22.7	22.9	20.4	20.8
Female	13.6	14.2	29.4	26.7	16.5	28.1	19.5	19.5	20.2	22.2
Person	23.7	26.2	27.1	24.8	14.6	31.6	21.2	21.2	20.3	21.4
Below -3 SD Undernourished (BMI for Age) (%)										
Male	-	-	14.8	13.2	8.8	38.7	16.6	17.8	10.0	10.9
Female	6.2	6.4	14.8	10.6	11.5	22.5	15.8	16.7	-	-
Person	5.8	6.2	14.8	12.1	10.1	27.9	16.2	17.3	10.6	11.4
Above 2 SD Overnourished (BMI for Age) (%)										
Male	-	-	24.5	25.7	3.9	1.8	3.7	4.0	26.8	25.7
Female	-	-	16.7	18.5	9.6	10.9	3.5	3.7	26.6	26.4
Person	-	-	21.0	22.6	6.6	7.9	3.6	3.8	26.7	26.0
Above 3 SD Overnourished (BMI for Age) (%)										
Male	-	-	15.5	15.2	1.4	0.6	2.6	2.7	14.4	12.1
Female	-	-	9.7	10.3	4.9	5.3	-	-	13.3	13.2
Person	-	-	12.9	13.1	3.1	3.8	1.7	1.7	13.9	12.6
Nutritional status 5-18 years										
Below -2 SD Undernourished (BMI for Age) (%)										
Male	24.9	24.9	30.9	34.1	33.4	38.0	32.8	34.7	37.2	36.0
Female	18.6	19.6	24.3	28.8	27.6	35.4	23.0	24.5	31.4	29.7
Person	22.0	22.5	27.8	31.5	30.6	36.8	28.4	30.1	34.4	32.9
Below -3 SD Undernourished (BMI for Age) (%)										
Male	12.4	12.1	20.5	22.2	17.6	26.1	19.3	21.2	21.2	19.7
Female	9.1	10.0	14.9	17.7	12.1	19.1	12.4	13.7	15.0	13.8
Person	10.8	11.1	17.9	20.0	15.0	23.0	16.2	17.9	18.2	16.8
Above 2 SD Overnourished (BMI for Age) (%)										
Male	-	-	7.3	8.3	2.2	2.9	-	-	-	-
Female	-	-	5.3	4.5	1.6	1.8	-	-	3.1	3.5
Person	-	-	6.3	6.4	1.9	2.4	-	-	2.5	3.0
Above 3 SD Overnourished (BMI for Age) (%)										
Male	-	-	4.0	5.5	1.0	0.5	-	-	-	-
Female	-	-	2.8	2.6	-	-	-	-	0.8	-
Person	-	-	3.4	4.0	0.9	0.9	-	-	0.6	0.7

Indicators	Rajgarh		Vidisha		Bhopal		Sehore		Raisen	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Nutritional status 18 years and above										
BMI ≥25.0 for age 18-59 year (%)										
Male	1.1	1.2	12.0	8.0	9.7	3.8	7.8	8.3	11.4	10.0
Female	2.6	3.3	11.1	7.2	15.6	4.0	8.5	7.4	12.5	11.8
Person	1.8	1.9	11.6	7.7	12.5	3.9	8.1	7.8	12.0	11.0
BMI ≥25.0 for age 60 year and above (%)										
Male	2.5	2.8	15.7	12.6	17.2	8.5	9.8	9.9	10.6	8.6
Female	7.9	6.8	11.0	6.4	21.7	5.4	10.2	9.2	9.6	6.8
Person	4.9	4.6	13.5	9.8	19.3	7.0	10.0	9.6	10.2	7.8
BMI ≥30.0 for age 18-59 year (%)										
Male	-	-	2.9	1.9	1.0	0.0	0.8	0.9	2.8	2.0
Female	-	-	4.3	3.0	2.1	0.8	0.6	0.7	3.8	3.5
Person	-	-	3.6	2.4	1.5	0.4	0.7	0.8	3.3	2.7
BMI ≥30.0 for age 60 year and above (%)										
Male	-	-	5.5	4.5	2.4	0.0	1.5	-	-	-
Female	-	-	3.0	-	3.2	0.3	-	-	-	-
Person	-	-	4.3	3.2	2.8	0.2	1.1	-	-	-
BMI <18.5 for age 18-59 year (%)										
Male	9.7	9.9	16.6	20.5	35.8	37.1	26.1	24.3	20.3	20.9
Female	8.3	8.4	21.3	25.8	19.9	42.8	13.0	14.2	26.0	25.9
Person	9.0	9.7	18.7	22.7	28.1	40.2	20.0	19.6	23.2	23.4
BMI <18.5 for age 60 year and above (%)										
Male	15.3	16.6	16.6	21.4	26.8	43.3	23.2	22.0	29.6	31.6
Female	-	-	26.4	33.8	14.4	21.4	15.3	13.8	29.3	29.2
Person	9.7	10.4	21.2	27.1	21.0	33.0	19.5	18.3	29.5	30.5
Anemia status by Haemoglobin Level										
Anemia in the age group 6-59 months (%)										
Male	30.9	30.4	78.8	81.5	79.9	-	61.1	64.5	87.8	86.3
Female	38.5	37.3	77.1	81.5	69.6	-	62.9	62.5	82.9	82.7
Person	34.7	33.8	78.1	81.5	74.8	-	62.0	63.6	85.5	84.7
Severe Anemia in the age group 6-59 months (%)										
Male	0.0	0.0	-	-	0.0	-	0.0	0.0	-	-
Female	0.0	0.0	-	-	0.0	-	0.0	0.0	-	-
Person	0.0	0.0	-	-	0.0	-	0.0	0.0	-	-
Anemia in the age group 5-9 years (%)										
Male	50.4	49.2	86.7	86.0	82.3	92.5	82.1	84.6	83.7	81.0
Female	52.6	52.6	89.0	89.4	86.1	96.9	71.8	74.4	90.1	89.8
Person	51.4	50.7	87.8	87.6	84.2	94.5	76.7	79.5	86.7	85.1
Severe Anemia in the age group 5-9 years (%)										
Male	-	-	11.3	12.4	5.3	0.0	15.6	16.1	14.3	15.4
Female	-	-	11.5	11.9	4.6	1.0	9.2	8.6	14.1	15.3
Person	2.6	-	11.4	12.1	5.0	0.5	12.2	12.4	14.2	15.3
Anemia in the age group 10-17 years (%)										
Male	52.2	50.5	74.3	71.0	74.9	93.9	71.6	73.4	83.4	83.6
Female	49.5	49.1	83.1	80.0	87.2	90.3	74.1	76.5	87.6	87.2
Person	51.0	49.8	78.5	75.5	80.8	92.3	72.7	74.8	85.5	85.4
Severe Anemia in the age group 10-17 years (%)										
Male	4.0	4.5	8.6	11.0	3.8	10.2	8.4	10.8	8.0	8.5
Female	4.6	4.5	10.9	9.6	8.3	20.2	12.9	12.1	10.4	11.5
Person	4.3	4.5	9.7	10.4	6.0	14.7	10.3	11.4	9.2	10.0
Anemia in the age group 18-59 years (%)										
Male	66.9	67.2	67.9	65.7	78.8	89.9	86.7	88.7	83.3	82.8
Female	50.8	51.0	87.1	85.9	82.2	87.7	77.4	78.7	87.7	86.4
Severe Anemia in the age group 18-59 years (%)										
Male	4.4	4.4	6.4	7.8	5.0	12.5	13.9	13.6	10.6	12.9
Female	4.0	3.9	13.1	16.5	8.5	16.8	16.7	17.7	15.6	17.4
Anemia in the age group 60 years and above (%)										
Male	67.4	66.4	82.6	78.2	86.1	96.0	88.4	87.4	91.9	94.0
Female	46.3	46.7	85.3	84.6	78.9	88.3	80.0	80.8	90.8	90.0
Severe Anemia in the age group 60 years and above (%)										
Male	-	-	13.0	17.3	5.6	15.0	17.7	18.1	18.7	22.5
Female	3.6	3.2	13.1	15.8	6.2	14.0	10.0	9.7	13.3	15.5

Indicators	Rajgarh		Vidisha		Bhopal		Sehore		Raisen	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Blood Sugar Level (18 years and above)										
Blood Sugar Level ≥110 mg/dl (%)										
Male	15.7	13.1	-	-	11.6	20.3	14.1	13.7	21.6	22.7
Female	6.9	4.6	-	-	8.7	9.3	10.9	11.6	20.1	21.5
Person	11.5	9.1	-	-	10.2	15.2	12.5	12.7	20.8	22.1
Blood Sugar Level ≥130 mg/dl (%)										
Male	5.2	3.3	-	-	4.8	5.3	5.1	5.1	5.6	5.4
Female	4.8	2.7	-	-	4.7	3.7	6.0	6.4	4.7	4.8
Person	5.0	3.0	0.8	-	4.8	4.6	5.5	5.7	5.1	5.1
Blood Sugar Level ≥150 mg/dl (%)										
Male	2.6	2.0	-	-	2.3	2.3	1.6	1.8	2.6	-
Female	2.2	-	-	-	2.5	2.5	1.3	1.6	-	-
Person	2.4	1.6	0.6	-	2.4	2.4	1.4	1.7	2.0	-
Hypertension (18 years and above)										
Above Normal Range										
Systolic ≥140mm of Hg & Diastolic ≥90mm of Hg (%)										
Male	15.6	14.9	3.7	3.8	18.3	15.4	17.6	16.8	5.6	5.0
Female	13.0	11.6	4.9	5.0	15.1	12.3	18.1	17.7	6.2	6.6
Person	14.3	13.3	4.2	4.3	16.8	13.9	17.9	17.2	5.9	5.8
Systolic <140mm of Hg & Diastolic <90mm of Hg (%)										
Male	5.6	5.1	6.8	4.6	6.1	8.2	3.2	2.9	3.9	3.8
Female	2.1	1.7	7.5	5.4	4.7	3.4	2.4	1.9	5.4	4.8
Person	3.9	3.5	7.1	5.0	5.4	5.9	2.8	2.5	4.7	4.3
Systolic <140mm of Hg & Diastolic ≥90mm of Hg (%)										
Male	7.1	6.3	6.0	-	4.8	12.9	6.6	7.9	7.3	8.3
Female	3.4	3.2	5.6	6.6	4.0	4.4	7.5	8.5	9.1	10.4
Person	5.4	4.8	5.8	6.7	4.4	8.9	7.0	8.2	8.2	9.4
Moderately high										
Systolic ≥160mm of Hg & Diastolic ≥100mm of Hg (%)										
Male	2.0	1.8	0.6	0.6	4.4	0.9	-	-	1.1	1.2
Female	5.1	4.9	0.8	-	6.6	5.3	6.1	-	2.0	2.1
Person	3.5	3.3	0.7	0.7	5.4	3.0	4.9	-	1.6	1.7
Systolic ≥160mm of Hg & Diastolic <100mm of Hg (%)										
Male	0.4	-	0.8	0.8	4.2	5.3	1.3	1.1	1.0	0.9
Female	-	-	1.2	0.8	2.1	2.6	1.2	1.3	2.1	1.7
Person	0.3	-	1.0	0.8	3.2	4.1	1.2	1.2	1.5	1.3
Systolic <160mm of Hg & Diastolic ≥100mm of Hg										
Male	-	-	2.0	-	3.4	4.3	3.7	4.2	5.7	6.1
Female	-	-	2.4	3.0	1.8	1.6	4.1	-	6.0	6.5
Person	-	-	2.2	2.7	2.7	3.1	3.9	4.3	5.9	6.3
Very high										
Systolic ≥180mm of Hg & Diastolic ≥110mm of Hg (%)										
Male	1.4	1.5	0.3	-	0.5	0.0	-	-	0.5	0.4
Female	4.1	4.0	-	-	3.3	1.9	-	-	0.4	-
Person	2.7	2.7	0.3	-	1.8	0.9	-	-	0.4	0.4
Systolic ≥180mm of Hg & Diastolic <110mm of Hg (%)										
Male	-	-	-	-	0.2	0.0	0.0	0.0	-	-
Female	-	-	0.6	-	0.3	0.0	0.0	0.0	0.7	0.6
Person	-	-	0.3	-	0.2	0.0	0.0	0.0	0.4	0.4
Systolic <180mm of Hg & Diastolic ≥110mm of Hg (%)										
Male	-	-	0.4	0.4	1.3	0.6	3.1	-	3.8	4.2
Female	-	-	0.6	-	0.9	0.6	-	-	5.7	6.3
Person	-	-	0.5	0.6	1.1	0.6	3.4	-	4.7	5.3
Iodine content in Household Salt (more than 15 ppm) (%)	63.5	60.7	63.3	94.7	98.7	93.6	86.4	84.8	63.2	58.9

Indicators	Betul		Harda		Hoshangabad		Katni		Jabalpur	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Nutritional status below 5 years										
Below -2 SD Wasting (Weight for Height) (%)										
Male	24.1	25.8	6.9	8.2	27.9	35.7	28.0	23.0	35.8	30.4
Female	20.8	21.3	-	-	34.5	39.5	27.0	15.6	31.3	34.7
Person	22.6	23.7	5.2	5.4	31.0	37.5	27.5	19.7	33.8	32.2
Below -3 SD Wasting (Weight for Height) (%)										
Male	14.5	15.3	-	-	20.4	25.6	15.0	9.6	22.0	15.2
Female	9.6	-	-	-	26.7	31.9	17.3	7.1	16.7	13.0
Person	12.3	13.9	-	-	23.3	28.7	16.1	8.5	19.6	14.3
Below -2 SD Stunting (Height for Age) (%)										
Male	35.5	40.8	72.0	71.2	49.2	47.1	38.0	39.3	53.3	40.0
Female	25.3	27.8	63.2	62.1	40.5	40.7	42.8	50.1	58.5	52.1
Person	30.9	34.8	67.7	66.7	44.7	43.6	40.3	44.1	55.6	44.8
Below -3SD Stunting (Height for Age) (%)										
Male	19.6	22.4	49.7	48.3	35.2	32.8	19.1	20.9	30.9	28.6
Female	13.2	16.4	39.7	38.0	26.3	28.2	24.9	28.3	41.2	30.4
Person	16.7	19.6	44.9	43.3	30.6	30.3	21.9	24.2	35.5	29.3
Below -2 SD Underweight (Weight for Age) (%)										
Male	30.7	33.7	49.0	49.5	52.4	53.6	49.1	44.8	60.2	54.3
Female	12.9	13.6	39.4	37.4	40.2	34.4	54.4	52.7	43.6	39.1
Person	22.7	24.5	44.6	43.9	46.5	44.0	51.7	48.3	52.8	48.2
Below -3 SD Underweight (Weight for Age) (%)										
Male	10.4	11.9	25.3	25.7	32.7	35.1	28.5	24.8	26.2	20.0
Female	-	-	15.0	14.8	27.5	24.3	23.8	24.2	14.8	-
Person	6.9	7.5	20.6	20.6	30.2	29.7	26.2	24.5	21.1	17.2
Below -2 SD Undernourished (BMI for Age) (%)										
Male	27.9	28.4	3.9	4.5	42.8	49.1	35.2	26.6	31.3	31.4
Female	24.2	25.0	-	-	54.9	55.3	38.0	24.9	26.7	30.4
Person	26.3	26.8	3.1	3.2	48.7	52.1	36.6	25.8	29.3	31.0
Below -3 SD Undernourished (BMI for Age) (%)										
Male	20.9	22.7	-	-	35.3	39.2	30.8	21.8	21.2	20.0
Female	11.9	13.6	-	-	47.1	46.6	32.0	18.6	14.8	13.0
Person	16.9	18.5	-	-	41.0	42.8	31.4	20.4	18.4	17.2
Above 2 SD Overnourished (BMI for Age) (%)										
Male	13.0	11.9	12.4	12.8	13.9	11.1	-	-	25.3	8.6
Female	-	-	5.8	4.6	13.2	12.3	-	-	31.4	17.3
Person	10.0	10.0	9.4	9.0	13.6	11.8	2.2	2.9	28.1	12.1
Above 3 SD Overnourished (BMI for Age) (%)										
Male	6.0	4.6	6.6	6.4	4.9	4.5	-	-	17.9	8.6
Female	-	-	-	-	7.8	8.7	-	-	20.5	-
Person	4.5	3.8	4.6	4.6	6.3	6.6	2.0	2.7	19.1	6.9
Nutritional status 5-18 years										
Below -2 SD Undernourished (BMI for Age) (%)										
Male	23.6	23.2	39.3	38.9	35.1	38.1	44.5	45.0	31.5	40.8
Female	19.5	17.3	33.7	34.7	28.2	33.5	36.7	36.0	29.4	33.0
Person	21.6	20.3	36.6	36.9	31.7	35.9	40.5	40.5	30.5	37.1
Below -3 SD Undernourished (BMI for Age) (%)										
Male	9.0	8.3	22.7	21.4	22.6	25.7	23.5	21.2	22.0	28.8
Female	5.8	4.4	15.6	15.4	14.9	17.5	18.8	16.0	17.5	21.6
Person	7.4	6.4	19.3	18.5	18.9	21.7	21.1	18.6	19.9	25.4
Above 2 SD Overnourished (BMI for Age) (%)										
Male	2.8	2.4	2.3	-	1.9	1.6	-	-	1.5	-
Female	1.2	1.3	2.7	2.1	0.7	0.7	1.3	1.7	1.6	-
Person	2.0	1.9	2.5	1.9	1.2	1.1	1.0	1.2	1.6	-
Above 3 SD Overnourished (BMI for Age) (%)										
Male	-	-	-	-	0.5	0.7	-	-	0.6	-
Female	0.5	-	-	-	0.0	0.0	-	-	0.6	-
Person	0.7	0.7	-	-	0.2	0.3	0.4	0.5	0.6	-

Indicators	Betul		Harda		Hoshangabad		Katni		Jabalpur	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Nutritional status 18 years and above										
BMI ≥25.0 for age 18-59 year (%)										
Male	9.7	6.7	14.9	13.4	8.5	5.3	8.3	6.7	5.3	4.9
Female	9.6	6.7	16.8	15.7	11.0	5.1	10.0	9.2	9.6	5.0
Person	9.7	6.7	15.8	14.5	9.7	5.2	9.1	7.9	7.3	5.0
BMI ≥25.0 for age 60 year and above (%)										
Male	13.0	6.4	13.1	10.7	14.0	10.6	6.3	3.9	8.6	6.1
Female	9.6	9.9	27.2	27.5	19.8	20.7	9.8	8.7	12.6	-
Person	11.6	7.8	20.2	19.2	16.8	16.0	8.3	6.6	10.6	3.8
BMI ≥30.0 for age 18-59 year (%)										
Male	1.0	0.6	2.2	2.3	-	-	1.2	-	1.0	1.0
Female	1.9	1.4	3.9	2.8	-	-	2.1	1.3	1.6	1.4
Person	1.5	1.0	3.0	2.5	-	-	1.7	1.1	1.3	1.2
BMI ≥30.0 for age 60 year and above (%)										
Male	2.5	-	-	-	-	-	-	-	1.6	-
Female	2.6	-	9.3	8.7	-	-	-	-	2.0	-
Person	2.5	-	6.1	5.6	-	-	-	-	1.8	-
BMI <18.5 for age 18-59 year (%)										
Male	11.6	13.4	15.2	16.6	9.6	13.1	28.3	33.5	6.4	-
Female	15.5	19.3	21.6	22.8	9.9	12.6	28.1	29.7	9.3	-
Person	13.5	16.3	18.4	19.7	9.7	12.9	28.2	31.6	7.7	-
BMI <18.5 for age 60 year and above (%)										
Male	12.5	16.8	26.2	28.1	18.5	19.5	39.0	49.2	9.3	-
Female	19.4	21.8	18.8	19.9	17.0	19.7	38.0	42.6	8.3	-
Person	15.4	18.9	22.4	24.0	17.7	19.6	38.4	45.5	8.8	-
Anemia status by Haemoglobin Level										
Anemia in the age group 6-59 months (%)										
Male	82.7	85.4	85.9	85.6	80.3	78.2	95.9	95.2	88.3	90.3
Female	87.2	88.5	88.7	86.3	74.8	71.6	90.0	87.2	85.8	95.2
Person	84.7	86.9	87.0	85.9	77.8	75.1	93.1	91.5	87.2	92.3
Severe Anemia in the age group 6-59 months (%)										
Male	-	-	-	-	0.0	0.0	2.4	2.0	-	-
Female	-	-	-	-	0.0	0.0	6.6	8.4	-	-
Person	-	-	-	-	0.0	0.0	4.4	4.9	3.6	-
Anemia in the age group 5-9 years (%)										
Male	95.0	96.5	89.5	87.4	89.5	90.2	93.0	91.4	94.7	97.9
Female	94.3	91.5	92.4	90.9	91.9	91.0	91.0	89.0	94.9	97.5
Person	94.7	94.0	90.8	89.0	90.7	90.6	91.9	90.1	94.8	97.7
Severe Anemia in the age group 5-9 years (%)										
Male	22.1	18.2	8.4	8.6	4.2	4.9	17.3	14.9	49.8	43.8
Female	17.0	17.8	12.6	13.3	9.5	11.7	17.9	18.9	49.2	45.0
Person	19.7	18.0	10.4	10.8	6.9	8.3	17.6	17.1	49.5	44.3
Anemia in the age group 10-17 years (%)										
Male	93.9	92.7	85.6	82.1	82.2	85.8	80.1	77.1	91.7	95.5
Female	93.6	91.9	91.1	89.3	90.0	90.9	90.0	87.6	93.3	98.1
Person	93.8	92.3	88.4	85.8	85.9	88.3	84.9	82.1	92.4	96.8
Severe Anemia in the age group 10-17 years (%)										
Male	19.0	19.0	6.5	5.4	2.4	1.7	11.9	10.5	46.3	-
Female	22.4	24.9	10.5	9.4	4.1	3.2	13.9	11.3	50.1	-
Person	20.6	21.8	8.5	7.5	3.2	2.4	12.9	10.9	48.0	-
Anemia in the age group 18-59 years (%)										
Male	95.3	94.7	81.9	77.1	83.9	85.0	80.4	76.1	95.9	97.7
Female	94.5	94.0	88.4	85.9	91.4	92.1	88.2	85.4	94.8	97.9
Severe Anemia in the age group 18-59 years (%)										
Male	14.2	14.8	4.1	3.9	2.7	3.0	11.8	10.6	49.4	-
Female	20.0	19.1	12.1	12.0	7.2	7.0	17.0	16.0	51.9	-
Anemia in the age group 60 years and above (%)										
Male	96.8	96.5	79.0	75.0	87.6	88.0	93.7	92.2	98.4	98.8
Female	95.8	95.8	80.3	76.0	89.5	91.2	90.3	89.2	97.3	98.7
Severe Anemia in the age group 60 years and above (%)										
Male	15.8	17.8	14.2	16.3	3.3	4.0	23.7	20.7	53.1	53.8
Female	19.9	21.7	11.9	-	7.1	6.5	19.8	16.7	55.8	56.4

Indicators	Betul		Harda		Hoshangabad		Katni		Jabalpur	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Blood Sugar Level (18 years and above)										
Blood Sugar Level ≥ 110 mg/dl (%)										
Male	5.7	4.1	8.0	8.0	6.7	5.9	7.5	7.9	12.7	-
Female	4.3	-	6.6	6.7	7.7	7.5	6.2	6.7	10.0	-
Person	5.0	4.2	7.2	7.3	7.2	6.8	6.8	7.3	11.5	-
Blood Sugar Level ≥ 130 mg/dl (%)										
Male	1.9	-	3.4	3.0	0.8	-	2.8	2.7	5.4	-
Female	1.1	-	2.7	2.8	-	-	1.4	1.2	4.7	1.8
Person	1.5	-	3.0	2.9	0.9	-	2.1	1.9	5.1	2.2
Blood Sugar Level ≥ 150 mg/dl (%)										
Male	1.3	-	2.4	2.1	-	-	1.8	1.9	2.5	1.3
Female	0.8	-	1.4	1.5	-	-	0.8	0.6	2.0	-
Person	1.0	-	1.9	1.8	0.6	0.5	1.3	1.2	2.3	1.3
Hypertension (18 years and above)										
Above Normal Range										
Systolic ≥ 140 mm of Hg & Diastolic ≥ 90 mm of Hg (%)										
Male	7.7	6.3	5.1	5.5	4.3	3.4	8.0	9.4	8.0	-
Female	5.9	5.5	6.2	6.4	4.5	5.0	5.7	6.4	6.4	-
Person	6.8	5.9	5.7	6.0	4.4	4.2	6.8	7.8	7.3	-
Systolic ≥ 140 mm of Hg & Diastolic < 90 mm of Hg (%)										
Male	1.8	1.1	5.4	5.3	-	-	4.8	5.1	4.0	4.1
Female	1.3	1.1	4.4	4.7	-	-	6.1	7.4	3.9	3.6
Person	1.6	1.1	4.9	5.0	-	-	5.5	6.3	3.9	3.9
Systolic < 140 mm of Hg & Diastolic ≥ 90 mm of Hg (%)										
Male	11.1	13.0	4.2	4.4	13.0	12.4	5.6	6.3	6.2	-
Female	6.6	7.7	5.0	5.1	9.8	8.6	4.8	5.5	5.4	-
Person	8.9	10.4	4.6	4.7	11.4	10.5	5.2	5.9	5.8	-
Moderately high										
Systolic ≥ 160 mm of Hg & Diastolic ≥ 100 mm of Hg (%)										
Male	1.2	-	1.6	1.6	0.5	-	1.7	1.9	1.3	-
Female	1.6	1.9	2.0	2.3	0.4	0.5	1.5	1.7	0.6	-
Person	1.4	1.1	1.8	2.0	0.5	0.4	1.6	1.8	1.0	-
Systolic ≥ 160 mm of Hg & Diastolic < 100 mm of Hg (%)										
Male	0.4	-	0.6	-	0.9	-	2.4	3.1	1.5	1.0
Female	-	-	2.3	-	1.4	-	2.6	3.3	1.5	-
Person	0.3	0.2	1.5	-	1.1	-	2.5	3.2	1.5	1.0
Systolic < 160 mm of Hg & Diastolic ≥ 100 mm of Hg										
Male	5.2	5.4	2.9	3.5	1.8	2.0	2.3	2.8	2.6	-
Female	2.9	2.8	4.1	4.8	3.6	4.0	1.6	1.9	2.9	-
Person	4.1	4.1	3.5	4.1	2.7	3.0	1.9	2.3	2.8	-
Very high										
Systolic ≥ 180 mm of Hg & Diastolic ≥ 110 mm of Hg (%)										
Male	0.3	-	0.4	0.5	-	-	0.6	0.7	0.3	-
Female	0.7	1.0	0.7	0.8	-	-	0.8	0.9	-	-
Person	0.5	0.6	0.6	0.7	-	-	0.7	0.8	0.2	-
Systolic ≥ 180 mm of Hg & Diastolic < 110 mm of Hg (%)										
Male	-	-	-	-	-	-	-	-	0.2	-
Female	-	-	-	-	-	-	0.8	1.1	-	-
Person	0.2	-	-	-	-	-	0.7	0.8	0.2	-
Systolic < 180 mm of Hg & Diastolic ≥ 110 mm of Hg (%)										
Male	1.9	1.9	2.0	2.4	1.1	1.3	0.6	0.7	1.9	-
Female	1.1	1.3	2.8	3.2	2.2	2.3	-	-	1.6	-
Person	1.5	1.6	2.4	2.8	1.6	1.8	0.4	0.4	1.8	-
Iodine content in Household Salt (more than 15 ppm) (%)	69.8	72.3	71.8	69.3	66.7	64.3	64.3	56.8	73.8	65.6

Indicators	Narsinghapur		Dindori		Mandla		Chhindwara		Seoni		Balaghat	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Nutritional status below 5 years												
Below -2 SD Wasting (Weight for Height) (%)												
Male	17.3	17.0	27.7	27.5	33.3	34.6	26.4	24.7	12.5	6.5	22.4	24.5
Female	15.8	16.1	24.1	23.5	21.2	18.7	15.3	14.6	16.3	13.9	22.9	24.7
Person	16.8	16.7	25.9	25.6	27.2	26.5	20.9	19.7	14.6	10.6	22.6	24.6
Below -3 SD Wasting (Weight for Height) (%)												
Male	-	-	13.7	13.4	14.0	14.1	11.4	12.2	6.0	-	7.9	8.4
Female	-	-	12.0	11.3	9.9	8.0	5.7	-	9.3	7.0	11.9	13.4
Person	4.9	5.0	12.8	12.4	11.9	11.0	8.6	8.5	7.9	4.8	9.7	10.7
Below -2 SD Stunting (Height for Age) (%)												
Male	31.7	32.7	68.5	68.5	47.3	42.4	43.0	45.3	54.8	58.2	33.1	33.3
Female	21.7	22.1	61.1	61.4	38.4	42.7	26.9	26.8	60.5	60.4	33.8	31.2
Person	27.9	28.6	64.8	65.0	42.9	42.5	35.2	36.0	58.1	59.5	33.4	32.3
Below -3SD Stunting (Height for Age) (%)												
Male	17.5	18.0	46.0	45.9	22.9	24.1	24.9	25.1	36.1	36.4	20.6	20.5
Female	10.2	10.4	41.3	41.2	15.9	19.2	20.1	19.8	39.4	35.6	15.2	16.1
Person	14.7	15.1	43.7	43.6	19.4	21.6	22.6	22.5	38.0	35.9	18.2	18.5
Below -2 SD Underweight (Weight for Age) (%)												
Male	30.7	31.4	61.7	61.7	50.0	48.1	39.8	42.2	58.0	59.4	37.2	38.8
Female	20.0	20.4	53.4	54.1	43.9	43.5	29.7	34.9	51.9	50.3	31.6	32.7
Person	26.6	27.2	57.6	58.0	46.9	45.8	34.8	38.4	54.8	54.6	34.7	35.9
Below -3 SD Underweight (Weight for Age) (%)												
Male	11.9	12.0	31.5	32.1	20.9	17.2	23.5	27.3	34.6	34.0	15.1	15.8
Female	-	-	23.9	24.3	11.0	12.3	15.7	18.5	26.7	24.2	12.6	14.2
Person	9.7	9.8	27.8	28.3	16.0	14.7	19.6	22.8	30.4	28.8	14.0	15.0
Below -2 SD Undernourished (BMI for Age) (%)												
Male	20.4	20.1	23.8	23.8	32.4	33.2	27.2	28.0	10.2	-	21.1	23.7
Female	18.6	19.0	20.6	20.1	20.6	16.5	17.8	18.8	10.9	8.7	22.9	25.8
Person	19.8	19.6	22.2	22.0	26.6	24.8	22.7	23.4	10.6	7.4	21.9	24.6
Below -3 SD Undernourished (BMI for Age) (%)												
Male	7.0	7.3	13.2	13.3	18.8	18.4	14.0	15.8	-	-	-	-
Female	-	-	11.7	11.4	12.7	10.7	11.7	14.2	7.9	6.8	13.0	14.7
Person	7.4	7.6	12.4	12.4	15.8	14.5	12.9	15.0	6.9	5.6	11.6	12.8
Above 2 SD Overnourished (BMI for Age) (%)												
Male	-	-	22.1	22.1	-	-	9.1	10.7	25.2	26.0	4.1	4.0
Female	-	-	22.6	22.6	-	-	10.7	11.4	20.8	22.1	4.4	4.0
Person	-	-	22.4	22.3	-	-	9.9	11.0	22.8	24.0	4.3	4.0
Above 3 SD Overnourished (BMI for Age) (%)												
Male	-	-	11.1	11.0	-	-	6.1	7.5	17.6	19.0	2.3	-
Female	-	-	14.3	14.2	-	-	4.0	3.6	13.8	15.8	-	-
Person	-	-	12.7	12.5	-	-	5.1	5.5	15.6	17.3	2.0	-
Nutritional status 5-18 years												
Below -2 SD Undernourished (BMI for Age) (%)												
Male	55.0	55.4	36.9	37.0	38.4	36.3	10.4	10.1	33.1	34.0	41.3	40.8
Female	39.9	39.9	33.8	34.2	32.1	31.5	6.1	5.5	27.3	27.7	33.9	34.5
Person	48.0	48.2	35.2	35.5	35.1	33.8	8.4	8.0	30.2	30.7	37.4	37.4
Below -3 SD Undernourished (BMI for Age) (%)												
Male	33.3	34.0	20.8	20.9	16.2	14.4	5.1	4.7	15.8	16.7	16.4	16.9
Female	21.3	21.3	17.0	17.1	13.5	12.3	2.3	2.3	10.1	9.9	10.9	11.7
Person	27.7	28.1	18.8	18.9	14.8	13.3	3.8	3.6	12.9	13.2	13.5	14.1
Above 2 SD Overnourished (BMI for Age) (%)												
Male	-	-	3.3	3.3	2.4	1.8	-	-	3.3	2.9	1.7	1.5
Female	0.9	0.7	1.1	0.9	0.8	0.9	-	-	1.9	1.8	-	-
Person	0.6	0.6	2.1	2.1	1.6	1.4	0.8	-	2.6	2.4	1.3	1.2
Above 3 SD Overnourished (BMI for Age) (%)												
Male	-	-	2.1	2.1	0.8	-	-	-	2.0	2.0	1.7	1.5
Female	-	-	0.7	0.5	-	-	-	-	-	-	-	-
Person	-	-	1.4	1.3	0.5	0.5	0.5	-	1.2	1.2	0.9	0.8

Indicators	Narsinghapur		Dindori		Mandla		Chhindwara		Seoni		Balaghat	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Nutritional status 18 years and above												
BMI ≥25.0 for age 18-59 year (%)												
Male	8.2	7.7	7.6	7.6	7.0	4.4	3.3	3.1	6.0	4.1	4.4	3.3
Female	12.9	12.6	6.0	5.8	5.5	3.8	3.6	3.3	6.6	4.8	7.4	5.8
Person	10.4	10.1	6.8	6.7	6.2	4.1	3.4	3.2	6.3	4.4	6.0	4.6
BMI ≥25.0 for age 60 year and above (%)												
Male	7.9	7.4	7.2	7.2	7.8	-	4.2	5.0	6.5	4.4	8.3	6.6
Female	15.5	14.8	8.0	8.0	6.4	4.8	6.9	6.3	9.1	8.3	7.7	-
Person	11.6	11.0	7.6	7.6	7.0	4.7	5.6	5.7	7.8	6.4	8.0	6.2
BMI ≥30.0 for age 18-59 year (%)												
Male	1.1	1.1	2.1	2.1	-	-	0.5	0.5	1.6	1.2	0.6	0.7
Female	3.0	2.9	2.7	2.7	-	-	0.6	-	1.6	1.0	1.8	1.6
Person	2.0	2.0	2.4	2.4	-	-	0.5	0.4	1.6	1.1	1.3	1.2
BMI ≥30.0 for age 60 year and above (%)												
Male	-	-	-	-	-	-	-	-	1.7	-	3.1	-
Female	6.1	5.4	3.4	3.3	-	-	-	-	-	-	-	-
Person	4.1	3.7	2.1	2.0	-	-	-	-	2.1	-	2.5	1.5
BMI <18.5 for age 18-59 year (%)												
Male	32.3	32.5	16.4	16.5	25.2	26.8	1.7	1.0	22.1	23.2	39.3	39.7
Female	34.4	34.5	33.4	33.9	38.7	40.7	2.5	2.0	20.3	20.7	40.1	41.8
Person	33.3	33.5	24.9	25.2	32.2	34.1	2.1	1.5	21.2	22.0	39.7	40.8
BMI <18.5 for age 60 year and above (%)												
Male	40.8	41.5	27.2	27.5	35.1	36.4	2.4	-	33.2	36.7	36.4	35.6
Female	33.3	33.6	39.0	39.0	47.2	55.6	-	-	38.8	39.4	49.5	52.0
Person	37.1	37.6	33.5	33.6	41.9	47.0	2.1	1.6	36.0	38.1	42.9	43.8
Anemia status by Haemoglobin Level												
Anemia in the age group 6-59 months (%)												
Male	75.3	75.5	90.6	90.7	87.2	85.3	73.9	78.2	98.2	99.7	85.4	84.7
Female	64.9	64.9	89.7	90.4	83.2	83.0	75.3	77.0	97.9	98.4	88.1	86.5
Person	71.1	71.1	90.2	90.5	85.2	84.1	74.6	77.7	98.0	99.0	86.7	85.5
Severe Anemia in the age group 6-59 months (%)												
Male	0.0	0.0	-	-	-	-	-	-	-	-	-	-
Female	0.0	0.0	2.5	2.6	-	-	-	-	5.3	6.0	-	-
Person	0.0	0.0	2.4	2.5	-	-	-	-	4.3	4.9	1.5	1.7
Anemia in the age group 5-9 years (%)												
Male	95.0	95.7	95.4	95.5	96.1	95.5	92.4	95.9	97.6	97.4	96.2	97.3
Female	96.5	97.0	95.7	95.7	96.8	97.1	91.5	94.1	97.7	98.0	92.0	90.1
Person	95.8	96.4	95.5	95.6	96.4	96.3	92.0	95.1	97.7	97.8	93.9	93.4
Severe Anemia in the age group 5-9 years (%)												
Male	22.5	23.3	51.6	52.4	19.6	22.4	56.9	63.5	45.2	47.9	9.2	8.5
Female	11.8	12.2	49.4	50.0	21.2	23.8	44.0	53.3	53.2	55.0	7.7	7.6
Person	16.5	17.0	50.5	51.2	20.5	23.1	50.7	58.7	49.4	51.7	8.4	8.0
Anemia in the age group 10-17 years (%)												
Male	91.9	92.8	93.2	93.5	85.3	85.3	94.7	95.4	91.2	92.7	88.5	86.4
Female	93.6	94.6	94.7	95.0	92.4	91.6	90.9	94.1	93.6	94.1	94.9	94.5
Person	92.6	93.6	94.0	94.3	88.8	88.5	92.9	94.8	92.4	93.4	91.9	90.8
Severe Anemia in the age group 10-17 years (%)												
Male	9.9	10.2	47.1	48.3	20.4	23.1	49.3	58.3	44.0	47.9	5.1	6.3
Female	14.7	14.9	42.6	44.0	-	-	51.8	60.6	44.1	45.6	7.6	8.6
Person	11.9	12.2	44.8	46.0	18.7	21.4	50.5	59.4	44.0	46.7	6.5	7.5
Anemia in the age group 18-59 years (%)												
Male	90.0	91.1	91.3	91.9	86.3	85.7	96.8	98.3	91.3	93.2	87.6	86.9
Female	94.2	94.5	93.5	93.7	90.4	89.5	90.1	94.0	95.5	96.3	93.9	93.0
Severe Anemia in the age group 18-59 years (%)												
Male	7.6	7.6	47.3	48.8	16.1	18.8	50.8	58.3	42.8	47.4	4.0	4.1
Female	16.1	16.2	47.8	49.2	16.5	17.5	47.1	54.5	42.1	46.1	8.9	8.3
Anemia in the age group 60 years and above (%)												
Male	93.7	93.9	94.2	94.8	90.7	89.5	95.7	96.6	95.0	96.2	91.6	90.0
Female	89.5	89.2	94.4	94.4	94.3	94.3	88.8	92.1	98.2	98.7	94.1	93.3
Severe Anemia in the age group 60 years and above (%)												
Male	-	-	52.8	54.0	15.7	18.5	47.5	59.3	38.9	42.9	9.3	7.4
Female	14.0	14.5	53.2	54.4	19.7	26.0	52.1	58.7	47.5	51.1	9.5	9.5

Indicators	Narsinghapur		Dindori		Mandla		Chhindwara		Seoni		Balaghat	
	Total	Rural	Total	Rural	Total	Rural	Total	Rural	Total	Rural	Total	Rural
Blood Sugar Level (18 years and above)												
Blood Sugar Level ≥ 110 mg/dl (%)												
Male	13.0	13.1	5.6	5.3	11.4	10.3	7.8	7.9	6.7	6.2	8.0	6.8
Female	11.1	10.8	5.0	4.7	10.6	8.4	6.0	6.5	5.7	5.2	7.3	6.7
Person	12.1	12.0	5.2	5.0	10.9	9.4	6.9	7.2	6.1	5.6	7.6	6.7
Blood Sugar Level ≥ 130 mg/dl (%)												
Male	2.5	2.4	2.2	1.9	5.1	4.1	-	-	1.7	1.3	2.3	2.2
Female	2.2	2.0	2.5	2.4	5.5	3.4	-	-	1.5	1.4	1.5	1.4
Person	2.3	2.2	2.3	2.2	5.3	3.8	0.5	-	1.5	1.3	1.9	1.7
Blood Sugar Level ≥ 150 mg/dl (%)												
Male	1.6	1.5	1.1	0.9	2.8	2.0	-	-	1.3	1.1	1.6	1.3
Female	1.2	1.0	1.6	1.5	3.7	1.9	-	-	1.0	1.1	0.6	0.6
Person	1.4	1.3	1.3	1.2	3.3	2.0	0.5	-	1.1	1.1	1.1	0.9
Hypertension (18 years and above)												
Above Normal Range												
Systolic ≥ 140 mm of Hg & Diastolic ≥ 90 mm of Hg (%)												
Male	1.6	1.6	5.5	5.5	9.2	9.2	5.6	6.2	6.2	5.8	7.3	6.5
Female	1.6	1.5	7.0	7.0	8.8	8.4	3.0	3.2	4.6	4.6	7.9	6.9
Person	1.6	1.5	6.3	6.3	9.0	8.8	4.4	4.7	5.4	5.2	7.7	6.7
Systolic < 140 mm of Hg & Diastolic < 90 mm of Hg (%)												
Male	7.4	7.2	3.6	3.6	6.7	6.6	4.2	4.9	5.1	5.1	4.0	4.1
Female	8.1	7.7	3.8	3.7	6.7	6.5	1.2	1.5	4.4	4.4	5.6	5.2
Person	7.7	7.5	3.7	3.7	6.7	6.5	2.7	3.2	4.7	4.8	4.9	4.7
Systolic < 140 mm of Hg & Diastolic ≥ 90 mm of Hg (%)												
Male	-	-	-	-	8.0	8.3	13.0	13.0	5.7	5.8	7.0	7.1
Female	-	-	14.2	14.3	3.8	3.9	9.5	9.9	6.7	6.9	5.3	5.4
Person	-	-	12.9	13.1	5.7	5.9	11.3	11.5	6.2	6.3	6.1	6.2
Moderately high												
Systolic ≥ 160 mm of Hg & Diastolic ≥ 100 mm of Hg (%)												
Male	0.3	-	2.6	2.7	3.9	4.3	-	-	0.6	0.5	2.2	1.7
Female	0.4	-	3.1	3.1	3.3	3.5	-	-	-	-	2.9	2.3
Person	0.4	0.3	2.9	2.9	3.6	3.9	-	-	0.5	0.4	2.6	2.1
Systolic ≥ 160 mm of Hg & Diastolic < 100 mm of Hg (%)												
Male	1.7	1.6	1.3	1.3	2.3	2.4	-	-	1.1	1.1	1.3	1.5
Female	2.2	2.1	2.1	2.1	2.7	2.4	-	-	0.9	1.0	2.5	2.5
Person	1.9	1.8	1.7	1.7	2.6	2.4	-	-	1.0	1.0	1.9	2.1
Systolic < 160 mm of Hg & Diastolic ≥ 100 mm of Hg												
Male	-	-	7.6	7.5	2.1	1.8	3.8	3.3	3.6	3.5	1.6	-
Female	-	-	10.9	11.0	1.7	1.8	2.5	2.6	3.1	3.1	1.3	1.4
Person	-	-	9.3	9.3	1.9	1.8	3.2	3.0	3.4	3.3	1.5	1.3
Very high												
Systolic ≥ 180 mm of Hg & Diastolic ≥ 110 mm of Hg (%)												
Male	-	-	1.0	0.9	1.5	1.6	-	-	-	-	0.8	0.6
Female	-	-	0.9	0.9	1.4	1.5	-	-	-	-	1.3	0.9
Person	-	-	0.9	0.9	1.4	1.5	-	-	-	-	1.1	0.7
Systolic ≥ 180 mm of Hg & Diastolic < 110 mm of Hg (%)												
Male	-	-	0.5	0.5	1.0	1.1	0.0	0.0	0.3	0.3	-	-
Female	-	-	1.3	1.3	1.8	1.6	0.0	0.0	-	-	1.3	1.2
Person	-	-	0.9	1.0	1.4	1.4	0.0	0.0	0.4	0.3	1.0	1.0
Systolic < 180 mm of Hg & Diastolic ≥ 110 mm of Hg (%)												
Male	-	-	5.7	5.6	1.0	1.2	0.1	0.1	2.4	2.3	1.0	0.6
Female	-	-	8.8	8.8	0.5	0.6	0.1	0.1	2.0	2.0	0.9	0.8
Person	-	-	7.3	7.3	0.7	0.9	0.1	0.1	2.2	2.2	0.9	0.7
Iodine content in Household Salt (more than 15 ppm) (%)	72.3	71.5	61.9	61.0	62.3	60.8	73.4	73.0	85.0	85.0	74.2	70.2

Note: "-" Indicate Inadequate Sample Size.

Anemia Cut-off.

Children (6-59 months) - Anemia Hb < 11 g/dL and Severe Anemia Hb < 5 g/dL

Male and Female aged 5-17 years- Anemia Hb < 12 g/dL and Severe Anemia Hb < 7 g/dL

Men (18 years and above)- Anemia Hb < 13 g/dL and Severe Anemia Hb < 7 g/dL

Non-Pregnant Women (18 years and above)- Anemia Hb < 12 g/dL and Severe Anemia Hb < 7 g/dL